# Synthesis and characterization of actively HER-2 Targeted $\mathrm{Fe}_{3} \mathrm{O}_{4} @ \mathrm{Au}$ nanoparticles for molecular radiosensitization of breast cancer 

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#### Abstract

Introduction: The present study was done to assess the effect of molecularly-targeted core/ shell of iron oxide/gold nanoparticles ( $\mathrm{Fe}_{3} \mathrm{O}_{4} @$ AuNPs) on tumor radiosensitization of SKBr-3 breast cancer cells. Methods: Human epidermal growth factor receptor-2 (HER-2)-targeted $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ were synthesized by conjugating trastuzumab (TZ, Herceptin) to PEGylated (PEG) $-\mathrm{Fe}_{3} \mathrm{O}_{4} @$ AuNPs ( 41.5 nm ). First, the $\mathrm{Fe}_{3} \mathrm{O}_{4} @ \mathrm{Au}$ core-  shell NPs were decorated with PEG-SH to synthesize PEG- $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$. Then, the TZ was reacted to OPSS-PEG-SVA to conjugate with the PEG- $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$. As a result, structure, size and morphology of the developed NPs were assessed using Fourier-transform infrared (FT-IR) spectroscopy, dynamic light scattering (DLS) and transmission electron microscopy (TEM), and ultraviolet-visible spectroscopy. The SKBr-3 cells were treated with different concentrations of TZ, $\mathrm{Fe}_{3} \mathrm{O}_{4} @ \mathrm{Au}$, and TZ-PEG- $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ for irradiation at doses of 2, 4, and 8 Gy (from X-ray energy of 6 and 18 MV ). Cytotoxicity was assessed by MTT assay, BrdU assay, and flow cytometry. Results: Results showed that the targeted TZ-PEG- $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ significantly improved cell uptake. The cytotoxic effects of all the studied groups were increased in a higher concentration, radiation dose and energy-dependent manner. A combination of TZ, $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u$, and TZ-PEG- $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ with radiation reduced cell viability by $1.35(P=0.021), 1.95(P=0.024)$, and $1.15(P=0.013)$ in comparison with 8 Gy dose of 18 MV radiation alone, respectively. These amounts were obtained as $1.27,1.58$, and 1.10 for 8 Gy dose of 6 MV irradiation, respectively.

Conclusion: Radiosensitization of breast cancer to mega-voltage radiation therapy with TZ-PEG$\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ was successfully obtained through an optimized therapeutic approach for molecular targeting of HER-2.


## Introduction

Breast cancer is the second cancer-related cause of death in women and the most common type of cancer among women after skin cancers. ${ }^{1}$ Currently, over $80 \%$ of patients with breast cancer undergo radiotherapy (RT) in their course of treatment. In RT, it is important to provide a high dose of radiation to tumor to kill cancerous cells while saving nearby surrounding healthy tissues. ${ }^{2}$

Adams et al, for the first time in 1977 reported chromosomal damage in the patient who had coronary angiography with iodine dye. ${ }^{3}$ It has been found that the contrast media with high atomic number enhanced
radiation damage at the loaded cells due to photoelectric effect. ${ }^{4}$ Shortly after advent of nanotechnology, diagnostic and therapeutic values of nanoparticles (NPs) with high atomic number were quickly identified and studies introducing NPs into cancerous cells led to promising therapeutic effect by enhancing local energy transfer to tumor. Introducing NPs into cancerous cells enhances local energy transferred to tumor and accordingly, increases radiation-induced tumor damage while decreasing unwanted damage to surrounding healthy tissue. ${ }^{5}$
It is currently well-known that the mechanisms by which radiation induces damage to NPs-loaded cells have
three physical, chemical, and biological components. Even with only a small amount of NPs with high atomic number ( $Z$ ) in tumor cells, the photoelectric effect (for kVp range, the photoelectric effect interaction probability varies with $\mathrm{Z}^{4}$ ) and pair production (for photon energies $>1.022 \mathrm{MeV}$ ) cross-section are significantly increased and considerably more energy per unit of mass is adsorbed than surrounding healthy tissue. Because, atomic crosssection for pair production shows a $\mathrm{Z}^{2}$ dependence, the potentially absorbed energy for gold NPs (AuNPs, atomic number $=79$ ) is approximately 127 times $\left(79^{2} / 7^{2}\right)$ more than that of soft tissue. ${ }^{6}$ Moreover, due to their higher density, Compton scattering probability is increased in comparison with soft tissue depending on incident energy.

The chemical phase involves formation of oxidative stress in tissues. In this phase, the main mechanism of cellular toxicity of NPs (about 60\%) is through production of reactive oxygen species (ROS), leading to subsequent formation of oxidative stress. This results in DNA damage, unregulated cell signaling, cell toxicity, apoptosis, and cell cycle arrest. Geng et al found that AuNPs promoted intracellular ROS production in SKOV-3 human ovarian cancer cells when exposed to 90 kVp or 6 megavoltage (MV) X-rays. ${ }^{7}$

Recently core-shell NPs have been introduced to enhance performance of single-material NPs. The core-shell NPs have unique capabilities compared to single NPs, such as (i) less cytotoxicity (ii) bio- and cyto-compatibility, and (iii) better binding to other biologically active molecules. ${ }^{8}$ It is crucial to enhance specificity of the drugs-loaded NPs in order to send more therapeutic agents to the targeted cells by specific ligands of corresponding receptors, overexpressed on cancer cells membrane. ${ }^{9}$ Cancer progression is often associated with overexpression of specific proteins called as tumor antigens, which can be used as biological markers to distinguish cancer cells from healthy counterparts. ${ }^{10,11}$ Human epidermal growth factor receptor-2 (HER-2) has often been described as a marker for the targeted drug delivery to HER-2 -expressing cancer cells. HER-2 is overexpressed in about $20 \%-30 \%$ of breast cancer cases. ${ }^{12}$ In chemotherapy, HER-2 is the main target for monoclonal antibody trastuzumab (TZ, Herceptin), which is very effective for patients with metastatic breast cancer. TZ not only targets breast cancer cells and accumulates in tumor, but also stops cell proliferation. ${ }^{13}$ Au-coated NPs are significantly biocompatible and react easily with biomolecules, enabling the targeted delivery due to binding of proteins or antibodies. That is why coreshell NPs with Au shell have many biological applications.

Numerous studies have reported the positive effect of AuNPs on increasing radiation sensitivity, and on the other hand, applications of $\mathrm{Fe}_{3} \mathrm{O}_{4}$ NPs in magnetic resonance imaging (MRI) and hyperthermia have been well documented today. According to results of our previous studies on single Au and $\mathrm{Fe}_{3} \mathrm{O}_{4}$ NPs in RT and MRI, ${ }^{14}$ in this study, we seek to combine these two serviceable NPs
as a multifunctional nano-complex with simultaneous use in cancer diagnosis and treatment. Therefore, it is attempted to investigate therapeutic efficiency of the TZ-PEG- $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ on SKBr- 3 breast cancer cells in the presence of 6 and 18 MV radiation doses of photon RT. It is eventually expected that improving surface properties of $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ for the targeted delivery can considerably increase cellular uptake and cytotoxicity. Due to high volume of data and experiments, in this paper, only the results related to RT section are mentioned.

## Materials and Methods Materials

Ferric chloride hexahydrate $\left(\mathrm{FeCl}_{3}-6 \mathrm{H}_{2} \mathrm{O}\right)$, ferrous chloride tetrahydrate $\left(\mathrm{FeCl}_{2}, 4 \mathrm{H}_{2} \mathrm{O}\right)$, ammonia solution (25\%), perchloric acid ( $\mathrm{HClO}_{4}, 70-72 \%$ ), 1,4-dioxane, dimethyl sulfoxide (DMSO), sodium citrate dehydrate, ammonia solution (25-28\%), and Hydrogen tetrachloroaurate (III) trihydrate $\left(\mathrm{HAuCl}_{4}\right)$ were purchased from Merck Chemicals. Orthopyridyldisulfide-polyethyleneglycol-N-hydroxysuccinimide (OPSS-PEG-SVA, molecular weight 5 kDa ) was obtained from Laysan Bio and used as received. Thiolated polyethylene glycol (PEG-SH, molecular weight 2 kDa ) was obtained from Iris Biotech $\mathrm{GmbH}, \mathrm{Marktredwitz}$, Germany and used as received. The breast carcinoma cell (SKBr-3) was purchased from the National Cell Bank of Iran, Pasteur Institute. Distilled water was used throughout the experiments. A vial containing 150 mg of TZ (Herceptin, Roche, Basel, Switzerland) was obtained from the "Oncology Research Center, Tabriz University of Medical Sciences".

## Synthesis of $\mathrm{Fe}_{3} \mathrm{O}_{4} \mathrm{NPS}$

Iron oxide $\left(\mathrm{Fe}_{3} \mathrm{O}_{4}\right)$ NPs were synthesized according to the method presented in the literature. ${ }^{15}$ Briefly, 4 mL of ferric chloride solution ( 1 M ) and 1 mL of ferrous chloride solution ( 2 M , in 2 N hydrochloride) were mixed and added to 50 mL of ammonia solution ( 0.7 M ). After stirring the solution for 30 minutes, the precipitate was obtained by magnetic separation and was mixed with 50 mL of diluted $\mathrm{HClO}_{4}(2 \mathrm{M})$. Finally, the colloidal suspension was separated by centrifugation and the rest of it was diluted with water to reach 50 mL of concentration.

## Preparation of $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$

For synthesis of the $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s, \mathrm{HAuCl}_{4}$ aqueous solution ( $5 \mathrm{~mL}, 3 \mathrm{mg} / \mathrm{mL}$ ) was added to 40 mL of deionized (DI) water and was heated until boiling. Then, 2 mL of asprepared $\mathrm{Fe}_{3} \mathrm{O}_{4}$ NPs and sodium citrate ( $2 \mathrm{~mL}, 40 \mathrm{mM}$ ) was added to the mixture and was stirred vigorously until the solution color changed from brown to burgundy. The solution color slowly changed from brown to burgundy under intense stirring. ${ }^{16}$

## Conjugation of TZ to OPSS-PEG-SVA

TZ was initially PEGylated by reacting with a bifunctional
cross linker [orthopyridyldisulfide-polyethyleneglycol-Nhydroxysuccinimide (OPSS-PEG-SVA, Laysan Bio, Arab, AL), molecular weight 5 kDa . Briefly, $500 \mu \mathrm{~L}$ of TZ (1 $\mu \mathrm{g} / \mu \mathrm{L}, \mathrm{PBS}, \mathrm{pH} 6.0$ ) was reacted with the OPSS-PEGSVA ( $250 \mu \mathrm{~L}, 100 \mathrm{mM} \mathrm{NaHCO} 3$ ) overnight at $4^{\circ} \mathrm{C}$. The conjugates were then purified and buffer exchanged into PBS, pH 7.5, using ultrafiltration [Vivaspin 30 kDa MW cutoff]. ${ }^{17}$

Preparation of TZ-Conjugated PEGylated $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ (TZ-PEG- $\left.\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s\right)$
The thiol-terminus of the PEG linker was used to covalently bind the immunoconjugates to $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ using the well-recognized strong gold-thiol interaction. Briefly, TZ-PEG- $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ were prepared by first adding $40 \mu \mathrm{~L}$ of $250 \mu \mathrm{M}$ PEG-SH to the $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s(1$ $\mathrm{mL}, 1 \mathrm{mg} / \mathrm{mL}$ ) and then immediately adding $200 \mu \mathrm{~g}$ TZ-PEG-OPSS in PBS, pH 7.5 and then allowed to proceed for 1 hour at $4^{\circ} \mathrm{C} .{ }^{18}$ The TZ-PEG- $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ were purified by a permanent magnet at $4^{\circ} \mathrm{C}$ for 24 hours. One milliliter of the supernatant was removed, and the pellet was resuspended by adding 1 mL of PBS, pH 7.5 . In order to determine the loading efficiency of TZ-PEG-OPSS conjugation, the unloaded TZ-PEG-OPSS was separated from the TZ-PEG- $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ by means of an external magnet and then its concentration determined by the standard protocol of Bradford assay for quantifying the concentration of the protein in the supernatant. ${ }^{19}$ The conjugation percentage of TZ-PEG-OPSS on the surface of $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ was found to be $73 \%{ }^{20}$ Schematic of
synthesis steps of new smart NPs with surface modification by TZ is presented in Fig. 1.

## Characterization of NPs

FT-IR spectrometry
Chemical structures of the synthesized TZ-PEG- $\mathrm{Fe}_{3} \mathrm{O}_{4}$ @ AuNPs, and $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ were specified by a Fouriertransform infrared (FT-IR) spectroscopy device (JASCO, Tokyo, Japan).
DLS and zeta potential measurement
Hydrodynamic diameters and zeta potential of TZ-PEG$\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ and $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ were assessed by dynamic light scattering (DLS) using a Nano Zeta-Sizer (DTS1060, Malvern Instruments, Malvern, UK).

## Transmission electron microscopy

Internal structure, shape, and size of $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ were assessed using transmission electron microscopy (TEM; JEM-1400, JEOL, Peabody, MA, USA). Size distribution of $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ was calculated by ImageJ software (NIH, Bethesda, MD).
UV-Vis absorption spectra
The ultraviolet-visible (UV-Vis) spectroscopy was used to confirm correct synthesis of $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ and to ensure loading of PEG and TZ antibodies on $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ using a JASCO spectrophotometer (Model V-570, JASCO Inc., Japan).
X-ray diffraction (XRD) analysis
X-ray diffraction patterns of the synthesized $\mathrm{Fe}_{3} \mathrm{O}_{4} @$ AuNPs, PEG- $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$, and TZ-PEG- $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ were obtained using an X-ray diffractometer (D5000,


Fig. 1. Schematic illustration of the synthesis of trastuzumab (TZ)-loaded poly ethylene glycol (PEG)-Fe $3_{3} @ A u$ nanoparticles (NPs) (TZ-PEG-Fe ${ }_{3} \mathrm{O}_{4} @$ AuNPs). Step 1: functionalization of TZ with orthopyridyldisulfide-polyethyleneglycol-N-hydroxysuccinimide (OPSS-PEG-SVA) linker, Step 2: PEGylation of $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ by PEG-SH (PEG-Fe $3_{3} \mathrm{O}_{4} @ A u N P s$ ), Step 3: conjugation of functionalized TZ with PEG-Fe $\mathrm{O}_{3} @ A u N P s$.

Siemens, Germany) with Cu Ka radiation at 40 kV in the range of $2 \theta$ from $20^{\circ}$ to $80^{\circ}$.
Vibrating-sample magnetometer analysis
Vibrating-sample magnetometer (VSM; AGFM, Iran) was used to study the magnetic properties of the synthesized $\mathrm{Fe}_{3} \mathrm{O}_{4} \mathrm{NPs}$, PEG- $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$, and TZ-PEG- $\mathrm{Fe}_{3} \mathrm{O}_{4} @$ AuNPs NPs at room temperature.

## Cellular uptake

Qualitative evaluation of cellular uptake and subcellular distribution of $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$, TZ-PEG- $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ and was performed by fluorescence microscopy and flow cytometry assays. Rhodamine-labelled TZ-PEG- $\mathrm{Fe}_{3} \mathrm{O}_{4} @$ AuNPs and $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ were prepared as follows: rhodamine ( 5 mg ) was dissolved in DMSO $(1 \mathrm{~mL})$ and then $50 \mu \mathrm{~L}$ of the solution was added to the TZ-PEG$\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ and $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P$ suspensions ( 1 mL , 1 $\mathrm{mg} / \mathrm{mL}$ ). Afterward, sodium carbonate buffer ( $500 \mu \mathrm{~L}, 1$ M) was added to the suspension and stirred for 20 hours. The excess rhodamine was removed by the Amicon ${ }^{\circledR}$ filter (molecular weight cutoff 100 kDa , Millipore, UK). Rhodamine-labelled TZ-PEG- $\mathrm{Fe}_{3} \mathrm{O}_{4} @$ AuNPs and $\mathrm{Fe}_{3} \mathrm{O}_{4} @$ AuNP were washed with double distilled water several times. ${ }^{16}$ Cells were plated onto six-well plates at a density of $1.5 \times 10^{4}$ cells/plate. Cells with a density of $80 \%$ confluence were treated with rhodamine-labeled TZ-PEG- $\mathrm{Fe}_{3} \mathrm{O}_{4} @$ AuNPs and rhodamine-labeled $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$. After the cells were trypsinized and washed with PBS, cellular uptake was assessed by the flow cytometer (BD FACSCalibur, San Jose, CA, USA) based on fluorescence intensity. Cellular uptake of samples was studied after incubation with SKBr3 cell lines for 1 and 4 hours.

## MTT assay

The cell cytotoxicity of TZ, $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$, and TZ-PEG$\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ samples were assessed by MTT assay. The cells were seeded into 96 -well plates (density of $1 \times 10^{4}$ cells/ well) and incubated for 24 hours. Cytotoxicity of $\mathrm{Fe}_{3} \mathrm{O}_{4}$ @ AuNPs and TZ-PEG- $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ were evaluated at different concentrations for 24 hours. MTT assay was performed based on the method that explained in our previous study: $200 \mu \mathrm{~L}$ of the MTT solution ( $5 \mathrm{mg} / \mathrm{mL}$ ) was added (poured) to each well. Four hours later, $200 \mu \mathrm{~L}$ of DMSO was added to each well to dissolve the reactive dye. The optical density (OD) of each cell sample was read using an ELISA plate reader (Awareness Technology, Palm City, FL, USA) at 570 nm . The control well containing only medium, was used to set the absorption value to zero. All tests were performed three times and the averaged values were used to draw the cell viability curves.

## Cell irradiation

Irradiation of SKBr-3 cells was performed using megavoltage X-ray beams at the Imam Reza Radiotherapy Department (The Imam Reza Educational Hospital, Tabriz City, East Azerbaijan Province, Iran). The samples
were irradiated to the absorbed doses of $0,2,4$, and 8 Gy from radiation beams of 6 MV (with dose rate of 300 $\mathrm{MU} / \mathrm{min}$ ) and 18 MV (with dose rate of $500 \mathrm{MU} / \mathrm{min}$ ) using Siemens ONCOR Linear Accelerator (Siemens AG, Henkestr, Erlangen, Germany).

For uniform radiation to all cells, cell-plates should be filled with water and placed around the treated cell-plate to provide a full scatter environment with $16^{*} 12 \mathrm{~cm}^{2}$ of field size and 100 cm of source -axis -distance (SAD) (Fig. 2). In addition, the cell plates were placed on top of $5-\mathrm{cm}$ slab of polystyrene at center of the beam with adequate buildup to provide sufficient backscatter. The irradiated and control cells were returned to the incubator immediately after irradiation.

## BrdU assay

The inhibitory effect of radiation, TZ, $\mathrm{Fe}_{3} \mathrm{O}_{4} @$ AuNPs, and TZ-PEG- $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ on proliferation of SKBr-3 cells was also measured by level of Bromo-deoxy-uridine (BrdU) incorporated into DNA of SKBr-3 cells using BrdU kit (BrdU Cell Proliferation ELISA Kit, colorimetric, Abcam, Cambridge, MA, USA). In short, cells were cultured within 96 -well plates and were treated with TZ, $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$, and TZ-PEG-Fe $3_{4} @ A u N P s(400 \mu \mathrm{~g} / \mathrm{mL})$. After 24 hours, the treated cells were exposed to 8 Gy of 6 and 18 MV radiation doses and were incubated for the next 24 hours. Then, BrdU solution ( $90 \mu \mathrm{~L}$ ) was added to the cells and using FixDenat solution, the cells were fixed and their DNA was denatured. Cells were incubated for 24 hours at room temperature. Finally, amount of absorbance was determined by an enzyme-linked immunosorbent assay (ELISA) reader.

## Cell cycle analysis

The apoptosis of studied groups before and after irradiation was investigated by propidium iodide (PI, a DNA dye that emits fluorescence upon binding to the double stranded DNA of living cells) staining test and flow-cytometry device. The SKBr-3 cells were treated with TZ Fe $3_{3} \mathrm{O}_{4} @ A u N P s$, and TZ-PEG- $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ ( $400 \mathrm{mg} /$ mL ) for 24 hours. They analyzed by using PI before and after exposure to 6 and 18 MV radiation beam (absorbed dose of 8 Gy ).
For the analysis, the cells $\left(5 \times 10^{5}\right.$ per well) that were


Fig. 2. Experimental set up. How to place cells for radiation in a radiotherapy device (A); How to place water-filled plates around the cells plate in the radiation field $(B)$.
treated and irradiated after 24 hours, were washed twice using warm FBS, fixed with ice cold ethanol (70\%) and stored at $-20^{\circ} \mathrm{C}$. The fixed cells then, incubated at $4^{\circ} \mathrm{C}$ for one day. After centrifugation ( 2000 rpm ) and washing with PBS, to ensure that only DNA is stained, the samples incubated for 30 minutes by Ribonuclease. Finally, cells were stained using PI Solution in dark place to measure fluorescent intensity by the Flow cytometer.

## Statistical analysis

The experiments were done as a minimum of three independent replicates and presented as the mean $\pm$ standard deviation (SD). Differences between groups were analyzed by Student's $t$ test and Wilcoxon analysis with $95 \%$ confidence interval using SPSS 22.0 analysis software (SPSS, Inc., Armonk, NY, USA). $P<0.05$ was considered to indicate a statistically significant difference ( ${ } P<0.05$; ** $P<0.01$ ).

## Results

## Preparation of $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$

Firstly, the $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u$ core-shell NPs were prepared by reduction of $\mathrm{HAuCl}_{4}$ with sodium citrate in the presence of $\mathrm{Fe}_{3} \mathrm{O}_{4}$ NPs. Then, the $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ were decorated with PEG-SH to synthesize PEG- $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$. Besides, TZ was reacted to OPSS-PEG-SVA to conjugate with the PEG- $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ in order to increase their stability and biocompatibility.

## Characterization of TZ-PEG- $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$

The UV-Vis extinction spectra of the pure $\mathrm{Fe}_{3} \mathrm{O}_{4} @$ AuNPs, PEG- $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$, and TZ-PEG- $\mathrm{Fe}_{3} \mathrm{O}_{4} @$ AuNPs are presented in Fig. 3A. Characteristic surface
plasmon resonance (SPR) bond of $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ was observed close to 525 nm . Modification of the $\mathrm{Fe}_{3} \mathrm{O}_{4} @$ AuNP's surface did not cause a significant change in their morphology and optical properties. It has been found that peak of SPR depends on physical size and an increase in size can cause it to change. ${ }^{21}$ Morphology and size of the synthesized NPs were also evaluated by TEM. The core/ shell structure of $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ is clearly shown in Fig. 3B. The average diameter was about $25-30 \mathrm{~nm}$ for the $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$.

The magnetization curves of bared $\mathrm{Fe}_{3} \mathrm{O}_{4} \mathrm{NPs}$, PEG$\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ and TZ-PEG- $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ at room temperature are illustrated in Fig. 3C. The saturation magnetization (Ms) values of free $\mathrm{Fe}_{3} \mathrm{O}_{4} \mathrm{NPs}, \mathrm{PEG}-\mathrm{Fe}_{3} \mathrm{O}_{4} @$ AuNPs, and TZ-PEG- $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ were 59.7, 42.2 and $33.4 \mathrm{emu} \mathrm{g}{ }^{-1}$, respectively. Compared with uncovered $\mathrm{Fe}_{3} \mathrm{O}_{4}$, the decrease in Ms value may be due to the presence of a non-magnetic layer containing $\mathrm{Fe}_{3} \mathrm{O}_{4}{ }^{22,23}$ In addition, no hysteresis loop was seen in the curve, which indicates the superparamagnetic properties of TZ-PEG- $\mathrm{Fe}_{3} \mathrm{O}_{4} @$ AuNPs.
The FT-IR spectra of TZ, $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$, and TZ-PEG- $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ are presented in Fig. 3(D). The peaks at $2930 \mathrm{~cm}^{-1}, 1420.90 \mathrm{~cm}^{-1}$, and $995 \mathrm{~cm}^{-1}$ were similar to those observed in HER-2 sample spectrum. In addition, the peaks appeared at $3430.9 \mathrm{~cm}^{-1}$ and 1630.21 $\mathrm{cm}^{-1}$ corresponded to bonded amide ( $-\mathrm{NH}-$ ) stretching vibrations, further approving successful conjugation of TZ antibody to surface. ${ }^{24}$
The XRD spectra of the $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$, PEG- $\mathrm{Fe}_{3} \mathrm{O}_{4} @$ AuNPs and TZ-PEG- $\mathrm{Fe}_{3} \mathrm{O}_{4} @$ AuNPs were shown in Fig. 3E. The six diffraction peaks visible at $2 \theta=30,35.63,43$, $54,57.1$, and 62.8 which can be attributed to the (220),


Fig. 3. Ultraviolet-visible (UV-vis) spectroscopy of the $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$, PEG-Fe $3_{3} @ A u N P s$ and TZ-PEG-Fe ${ }_{3} \mathrm{O}_{4} @ A u N P s$ (A), Transmission electron microscope (TEM) images of the $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u$ core-shell NPs at different magnification (B), Magnetization versus applied magnetic field for the $\mathrm{Fe}_{3} \mathrm{O}_{4} \mathrm{NPs}$, PEG-Fe $3_{3} \mathrm{O}_{4} @ A u N P s$ and TZ-PEG-Fe $\mathrm{O}_{4} @ A u N P s(C)$, Fourier transform infrared (FT-IR) spectra of TZ-PEG, PEG-Fe $3_{3} @ A u N P s$ and TZ-PEG-Fe ${ }_{3} \mathrm{O}_{4} @$ AuNPs (D), XRD patterns of $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$, PEG- $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ and TZ-PEG-Fe $\mathrm{O}_{4} @ A u N P s$ (E). Poly ethylene glycol (PEG).
(311), (400), (422), (511), and (440) plans of $\mathrm{Fe}_{3} \mathrm{O}_{4}$, respectively. Also, the peaks of $\mathrm{Au}-\mathrm{Fe}_{3} \mathrm{O}_{4}$ describe both Au and $\mathrm{Fe}_{3} \mathrm{O}_{4}$ NPs, corresponding to Fe (220), (311), (511) and (440); and Au (111), (200), (220), (311), planes. Finally, the decresing of $\mathrm{Fe}_{3} \mathrm{O}_{4}$ peaks intensity depending on the Au shell thickness as well as the TZ-PEG coating polymer is shown. ${ }^{18,23}$

As seen in Table 1, the binding of PEG to $\mathrm{Fe}_{3} \mathrm{O}_{4} @$ AuNPs increased the zeta potential from -23.2 mV to -3.4 mV . The increase of zeta potential to almost neutral charge for PEG- $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ might be attributed to the presence of PEG chains which caused the complete shielding of the surface charges. Particle-size analysis showed that the $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ had an average diameter of $30-40 \mathrm{~nm}$ (PDI $=0.195$ ).

## Cellular uptake

As reported in previous literatures, ${ }^{18}$ the cell uptake study of targeted NPs are investigated by two methods as follows: in one method, only the targeted NPs is evaluated on two cell lines with positive and negative receptors, and in the other method, both the targeted and non-targeted NPs are assessed on the cell line with only positive receptor. In both methods, the penetration of targeted NPs into cells with positive receptors is higher than that of (a) nontargeted NPs and (b) the cells without receptor. Because, the efficiency and accuracy are exactly the same in both methods, in the present work we used the second method

Table 1. The size, poly dispersity index (PDI) and zeta potential of developed naoparticles (NPs). Poly ethylene glycol (PEG) and trastuzumab (TZ)

| Sample | Size by number <br> $(\mathbf{n m})$ | PDI | Zeta Potential <br> $(\mathbf{m V})$ |
| :--- | :---: | :---: | :---: |
| $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ | 32.6 nm | 0.195 | -23.2 |
| PEG-Fe $3_{3} \mathrm{O}_{4} @ A u N P s$ | 41.5 nm | 0.219 | -3.4 |
| TZ-PEG-Fe $_{3} \mathrm{O}_{4} @ A u N P s$ | 67.4 nm | 0.235 | -41.5 |

to prove the higher penetration of NPs into cells with a positive receptor.

Intracellular uptake of NPs was confirmed by rhodaminelabelled $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ and rhodamine-labelled TZ-PEG$\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ by fluorescence microscopy (Fig. 4). Cells exposed to rhodamine-loaded TZ-PEG-Fe $3_{3} @ A u N P s$ showed better fluorescence activity than rhodaminelabelled untargeted $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s .{ }^{18}$ Moreover, it was also observed that NPs' uptake was dependent on incubation time as reflected by the rise in fluorescence intensity (the maximum uptake was observed in case of rhodamineloaded TZ-coated NPs in both periods). Therefore, higher cellular binding associated with NPs coated with TZ is probably due to their higher intracellular delivery by receptor- mediated endocytosis. ${ }^{25}$

## In vitro cytotoxicity assay

Results regarding viability of $\mathrm{SKBr}-3$ cells by different concentrations of TZ, $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$, and TZ-PEG-


Fig. 4. Schematic illustration of the trastuzumab (TZ)-loaded poly ethylene glycol (PEG)-Fe $3_{3} \mathrm{O}_{4} @ A u$ nanoparticles (NPs) (TZ-PEG-Fe $\left.\mathrm{O}_{4} @ A u N P s\right)$ internalization (A), Cell uptake study of $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ and TZ-PEG-Fe $\mathrm{O}_{4} @ A u N P s$ after incubation with $\mathrm{SKBr}-3$ cell lines after 1 h and 4 h (B); fluorescence microscopy images of treated SKBr-3 cell lines with $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ and TZ-PEG-Fe $3_{3} \mathrm{O}_{4} @$ AuNPs after 1 h and 4 h (C).
$\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ before and after exposure to $6(2,4,8 \mathrm{~Gy})$ and $18 \mathrm{MV}(2,4,8 \mathrm{~Gy})$ radiation doses are shown in Figs. 5A-C and 6AC), respectively. Fig. 5A clearly shows that at the same energy, the increase in radiation dose associated with more cellar damage and the greatest amount of cell damage occurred at 8 Gy. While, without using the NPs, cell viability was equal to $92 \%$ at 8 Gy and introduction of $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ into the cell at concentrations of 31,62 , 125,250 , and $500 \mu \mathrm{~g} / \mathrm{mL}$ reduced cell viability to $83.56 \%$, $74.9 \%, 68.3 \%, 66.3 \%$, and $53.3 \%$, respectively. Fig. 5B depicts viability of the cells for $5,10,15,20,25$, and $30 \mu \mathrm{~g} /$ mL of TZ concentration following radiation dose of 8 Gy . As can be seen from Fig. 5B, cell viability was obtained as $78.9 \%, 71.7 \%, 68.7 \%, 56.7 \%, 41.1 \%$, and $33 \%$, respectively. For treated cells with TZ-PEG- $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ at radiation dose of 8 Gy , cell viability was equal to $77.6 \%, 69.8 \mathrm{~T}$, $64.7 \%, 53 \%, 33.2 \%$, and $29.4 \%$, respectively for the same concentrations (Fig. 5C).

According to the results presented in Fig. 6A, obviously, cellular damage is increased as radiation dose is increased, which was the case at both radiation energies. Cell viability


Fig. 5. Cell viability study by different concentrations of $\mathrm{Fe}_{3} \mathrm{O}_{4} @ \mathrm{Au}$ nanoparticles (NPs) (A), Trastuzumab (TZ) (B) and TZ-PEG-Fe $\mathrm{O}_{4}$ @ AuNPs (C) on SKBr-3 cell line after exposure to 6 MV (2, 4, 8 Gy) radiation. The x -axis represents the concentration ( $\mu \mathrm{g} / \mathrm{mL}$ ) of NPs. Poly ethylene glycol (PEG). Each bar reveals the average value obtained from three samples. Asterisks indicate statistical significance (Student's $t$ test; * $P<0.05$, ** $P<0.01$ ).
was equal to $71 \%, 64.79 \%, 60.18 \%, 52.76 \%$, and $43.69 \%$, respectively for concentrations of $31,62,125,250$, and $500 \mu \mathrm{~g} / \mathrm{mL}$ of $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ in contrast to cell viability of $79 \%$ in the absence of NPs at the same radiation energy and absorbed dose. According to Fig. 6B, cell viability was observed as $66.36 \%, 60.59 \%, 53.59 \%, 47.40 \%, 33 \%$, and $29.2 \%$, respectively for $5,10,15,20,25$, and $30 \mu \mathrm{~g} / \mathrm{mL}$ of TZ concentration with radiation dose of 8 Gy. Fig. 6B also shows the effect of different concentrations of TZ on cell damage. As can be seen, increasing concentration of TZ from 5 to $30 \mu \mathrm{~g} / \mathrm{mL}$ with $5 \mu \mathrm{~g} / \mathrm{mL}$ increase interval in concentration, reduced cell viability from $66.36 \%$ to $29.2 \%$ at radiation dose of 8 Gy . For the treated cells with TZ-PEG- $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ at radiation dose of 8 Gy , cell viability was obtained as $62.65 \%, 56.88 \%, 61.53 \%, 43.28 \%, 30.92 \%$, and $27.62 \%$, respectively for the same concentrations (Fig. 6C).


Fig. 6. Cell viability study by different concentrations of $\mathrm{Fe}_{3} \mathrm{O}_{4} @ \mathrm{Au}$ nanoparticles (NPs) (A), Trastuzumab (TZ) (B) and TZ-PEG-Fe $\mathrm{O}_{4}$ @ AuNPs (C) on SKBr-3 cell line after exposure to 18 MV (2, 4, 8 Gy ) radiation. The x -axis represents the concentration $(\mu \mathrm{g} / \mathrm{mL})$ of NPs. Poly ethylene glycol (PEG). Each bar reveals the average value obtained from three samples. Asterisks indicate statistical significance (Student's t-test; * $P<0.05$, ** $P<0.01$ ).

## Cell cycle analysis by flow cytometry

As shown in Fig. 7, cell population was higher in sub-G1 phase in the treated samples than the control sample, indicating a cell cycle arrest in sub- G1 phase. Results showed that early apoptotic rate in $\mathrm{SKBr}-3$ cells treated with TZ, $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$, and TZ-PEG- $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ was equal to $7.24 \%, 8.67 \%$, and $18.7 \%$, respectively. While, with 18 MV of irradiation energy, cell viability of these groups was obtained as $9.42 \%, 37.2 \%$, and $40.4 \%$, respectively. According to the results, $\mathrm{Fe}_{3} \mathrm{O}_{4} @$ AuNPs induced apoptosis in $\mathrm{SKBr}-3$ cells in a radiation energy-dependent manner.

## BrdU assay

The results of BrdU test for TZ, $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$, and TZ-PEG- $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ with and without radiation are shown in Fig. 8. As shown in Fig. 8, reduction by 83 and $72 \%$ was found in viability of the $\mathrm{Fe}_{3} \mathrm{O}_{4} @ \mathrm{Au}$-containing SKBr-3 cells when irradiated with radiation energies of 6 and 18 MV , respectively. Also, TZ antibodies reduced cell
viability to $72 \%$ and $63 \%$, and viability of the cells treated with TZ-PEG- $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ was reduced by $56 \%$ and $41 \%$ in the presence of 6 and 18 MV radiation energies, respectively. The BrdU assay significantly displayed the decreased viability in $\mathrm{SKBr}-3$ cells in the case of simultaneous use of 18 MV radiation beam and TZ-PEG$\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s(P<0.001)$. These findings also revealed that cellular toxicity and apoptosis in $\mathrm{SKBr}-3$ cells are strongly dependent on radiation energy ( $P<0.02$ ).

## Discussion

Along of their cytocompatibility and adaptable binding to biological molecules (antibodies), high atomic numbers nano-metals can be used in RT as sensitizers for therapeutic applications. A bimodal nano-agent was first prepared by synthesizing $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ followed by labeling with TZ, for the therapeutics of HER-2 positive breast cancer cells.
The TEM image of $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$, in which most of the


Fig. 7. Cell cycle distributions investigated for SKBr-3 cells. The untreated cells as control (A), cells treated with radiation 6 MV ( 8 Gy ) (B), cells treated with radiation $18 \mathrm{MV}(8 \mathrm{~Gy})(\mathrm{C})$, cells treated with $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u$ nanoparticles (NPs) without radiation (D), cells treated with $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ exposed to 6 MV radiation (E), and 18 MV radiation ( F ), cells treated with trastuzumab (TZ) without radiation (G), cells treated with TZ exposed to 6 MV radiation (H), and 18 MV radiation (I), cells treated with TZ-PEG-Fe $\mathrm{O}_{4} @ A u N P s$ without radiation (J), cells treated with TZ-PEG-Fe $3_{3} @$ @uNPs with 6 MV radiation (K), and 18 MV radiation (L). Poly ethylene glycol (PEG).


Fig. 8. Survival percentage of cells treated with $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u$ nanoparticles (NPs), Trastuzumab (TZ) and TZ-PEG-Fe $\mathrm{O}_{4} @ A u N P s$ with and without of 8 Gy radiation at energies of 6 and 18 MV . Ref represents the cell survival of the untreated cells with NPs, TZ and NPs + TZ. Poly ethylene glycol (PEG). Each bar reveals the average value obtained from three samples. Asterisks indicate statistical significance (Student's test; * $P<0.05$ ).

NPs are spherical in shape with an average diameter of 2030 nm . The core-shell structure and uniform distribution of NPs are clearly shown. The FT-IR, XRD and UV-Vis results confirmed the presence of PEG on the surface of NPs, the effective coating of monoclonal antibody on the synthesized NPs. The XRD results illustrated in Fig. 3E are consistent with the crystal phases of $\mathrm{Fe}_{3} \mathrm{O}_{4}$ and standard XRD data for $\mathrm{Fe}_{3} \mathrm{O}_{4}$ (JCPDS card: 01-075-0033). ${ }^{26}$ After PEG coating, the UV-Vis spectrum showed a slight red shift ( 527 nm ). The antibody-conjugated NPs also showed a slight increase in the maximum absorption peak and a redshift of $\sim 5 \mathrm{~nm}$. Given to positive charge of antibody, the TZ-PEG- $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ had higher zeta potential then untargeted NPs. This shift is consistent with the research conducted by Jian et al. ${ }^{27}$ Also, the increase of zeta potential to almost neutral charge for PEG- $\mathrm{Fe}_{3} \mathrm{O}_{4} @$ AuNPs might be attributed to the presence of PEG chains which caused the complete shielding of the surface charges. ${ }^{28}$ Also, due to high swelling capacity of the NPs, it was observed that diameter of the particles measured by DLS was higher than that of the particles estimated by TEM. After conjugation of TZ to the NPs, there was a slight increase in particle size to $60-70 \mathrm{~nm}$ ( $\mathrm{PDI}=0.235$ ).

As shown in Fig. 4, TZ-PEG- $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ exhibited a higher cellular uptake than $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ during 1 and 4 hours, respectively, which is due to HER-2 overexpression of breast cancer cells. Therefore, cell toxicity and drug concentrations within the cell were increased. These results are compared with those obtained from cell toxicity tests (MTT and cell cycle analysis), showing successful internalization of $\mathrm{Fe}_{3} \mathrm{O}_{4} @$ AuNPs with TZ coating.

According to the Figs. 5 and 6, the TZ-PEG- $\mathrm{Fe}_{3} \mathrm{O}_{4} @$ AuNPs showed higher inhibitory action in comparison with other samples. Enhanced inhibition of cell growth for TZ-PEG- $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ would be advantageous in lowering radiation dose in RT. The results also showed that the surface-modified $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ provide an efficient anti-cancer delivery system. Therefore, it can be claimed that dose can be reduced when using TZ-PEG- $\mathrm{Fe}_{3} \mathrm{O}_{4} @$ AuNPs to have the same clinical response. It should be noted that the value of NPs is probably be very dominant in
in-vivo by targeting tumor tissue because of their enhanced permeability and retention (EPR) effect, reduced drug side effects (an extremely important issue for cytotoxic anti-cancer agents), prolonged circulation time, and intact TZ biological activity. The successful performance of TZcoated $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ would be beneficial in lowering the administration dose of anticancer drugs thereby avoiding the associated dose-dependent side effects of TZ. Therefore, it can be concluded that the efficacy of nanoparticulate systems in comparing to free drugs obtained when they test in the in vivo condition and it may be the reason that there is no significant difference in toxicity of cells between TZ-coated PEG- $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ and free TZ in culture medium.
It should be mentioned that radiation at $6 \mathrm{MV}(2,4$, and 8 Gy) did not cause significant toxicity on $\mathrm{SKBr}-3$ cells (cell viability of 98\%) and cell viability was obtained more than $79 \%$ at 18 MV $(2,4$, and 8 Gy$)(P>0.05)$. This may be due to radio-resistance of $\mathrm{SKBr}-3$ cells. However, more cell death was observed at 18 MV compared to 6 MV at same dose of radiation ( $P<0.05$ ). The effect of dose rate could be the possible explanation for these differences, 300 VS $500 \mathrm{MU} / \mathrm{min}$. Several studies have investigated the effect of dose rates on different cell lines. ${ }^{29,30}$ The inverse effect of dose rate has been also reported in some cells. For example, Mitchell et al, found that lowering dose rate from 1.54 to $0.37 \mathrm{~Gy} / \mathrm{h}$ in HeLa cells resulted in more cell death. ${ }^{31}$ Studies have shown significant changes in repair of sub-lethal damages for different cell. Darfarin et al investigated radiosensitization ability of $\mathrm{Au@Si}_{2} \mathrm{O}$ coreshell NPs at 6 and 18 MV radiation energies at doses of 2,4 , and 8 Gy on MCF-7 cell line. They reported that at a constant absorbed dose, dose enhancement using 18 MV was more than $6 \mathrm{MV}^{32}$
According to these results, it can be concluded that, NPs with a radiation dose of 8 Gy at both 6 and 18 MV caused higher cytotoxicity in $\mathrm{SKBr}-3$ cells compared to NPs and radiation groups alone at the same concentration and radiation dose $(P<0.05)$. Our results showed that a combination of active targeted $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ with radiation resulted in greater tumor cell death compared
to the untreated groups of NPs $(P<0.01)$. Clearly, tumortargeted TZ-PEG- $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ highly accumulating in tumor cells, indicate a remarkable advance in nanomedicine with widespread clinical applications. Here, TZ, as an admirable targeting antibody, helped to link to HER2 receptor-expressing breast cancer cells.
The cytotoxic effects of all concentrations of the TZ and TZ-coated NPs were increased by increasing radiation dose and energy. These findings are in agreement with extensively reported studies. ${ }^{33}$ Similarly, Cai et al assessed cytotoxicity of TZ-AuNP- ${ }^{111}$ In on SKBr-3 cell line in their in vitro study. TZ-AuNP- ${ }^{111}$ In was significantly bound to $\mathrm{SKBr}-3$ cells and was more efficiently internalized than AuNP- ${ }^{111}$ In as a result, increased double-strand breaks in DNA. They found that cell viability in SKBr-3 cells was decreased by $55 \%$ using TZ-AuNP- ${ }^{111}$ In. ${ }^{34}$

The results of this study indicated that the introduced NPs can change cell cycle pattern in $\mathrm{SKBr}-3$ cell line. Thus, the increase in cell population in sub-G1 following treatment of cells indicated induction of apoptosis and confirming the anti-proliferative effect of NPs and TZ with irradiation. These results are in accordance with results of studies, in which the increased apoptosis rate was found when chemotherapy together with NPs was applied for treatment of breast cancer cells. 35,36

Similar results have been also reported by Darfarin et al, who showed that the amine and thiol-activated NPs $\left(\mathrm{AuN@SiO} 2\right.$ and $\left.\mathrm{AuS@} \mathrm{SiO}_{2}\right)$ as radiation sensitizers increased number of cells in the (G0-G1) phase. In cases where DNA damage is severe, the damaged cell destroys itself through apoptosis pathway. Flow cytometric studies showed that cell cycle response depends on cell type, dose rate, and even some cell lines exhibit threshold dose below which they do not respond to radiation and also, there is a dose threshold in some cell lines. ${ }^{37}$ Matsuya et al investigated changes in cell cycle of CHO-K1 cells under various radiation dose rates. They observed different results regarding cell cycle: 1) cellular accumulation at G2 phase when exposed to low dose rate (about $1 \mathrm{~Gy} / \mathrm{h}$ ); 2) delay in DNA synthesis and accumulation of cells at S/ G2 phase when exposed to moderate dose rate (about 3 $\mathrm{Gy} / \mathrm{h}$ ), and 3) stopping cell cycle at all checkpoints (G1/S and G2 /M phases) and delaying DNA synthesis when exposed to higher doses (about $6 \mathrm{~Gy} / \mathrm{h}$ ). ${ }^{38}$

The results of BrdU test are completely consistent with the results obtained from MTT and cell cycle tests. Simultaneous use of NPs, TZ, and radiation therapy increased the cytotoxic effects on $\mathrm{SKBr}-3$ cells. In addition, BrdU assay results, in line with cell cycle analysis, showed the highest potential for cytotoxicity at 18 MV radiation energy. Besides, it was confirmed that $\mathrm{Fe}_{3} \mathrm{O}_{4} @$ AuNPs and TZ are toxic in the absence of radiation.

Hainfeld et al reported capacity of AuNPs ( 1.9 nm ) to control growth of breast cancer tumors when used in combination with 250 kVp X-rays ( 30 Gy ). One-year survival was obtained as $86 \%$ versus $20 \%$ with X-rays
alone. ${ }^{39}$ Similarly, Rahman et al investigated the effect of enhancing radiation dose of different concentrations of AuNPs ( 1.9 nm ) on BAE cells. They revealed that dose enhancement factor (DEF) was significantly increased using high concentration of NPs. DEFs of 24.6 and 4 were noted while using 1 mM and 0.25 mM at 80 kVp , respectively. ${ }^{40}$ However, Jain et al evaluated the combined cytotoxicity of AuNPs ( 1.9 nm ) with 160 kVp X-rays. They reported an average DEF of 1.4 in MDA-MB-231 breast cancer cells. ${ }^{27}$ Also, Butterworth et al studied radiation enhancement of AuNPs in several cell lines with two different concentrations at radiation energy of 160 kVp . They reported variable DEFs for various cell lines using 0.05 and 0.5 mM of AuNPs. DEFs of 0.86 and 0.87 for L 132 cell line, 1.16 and 1.97 for AGO cell line, and 1.30 and 1.91 for T98G cell line were obtained. ${ }^{41}$ These diverse results raise several fundamental questions, including whether it is necessary to achieve intracellular delivery of NPs for enhancement of radiation dose.
Besides, whether penetration rate of NPs into these cell lines is the same, or whether achieving intracellular delivery of NPs is necessary to obtain an increase in dose of radiation therapy. The NPs accumulate firstly in tumors due to their leaky vasculature as a result of the well-known EPR effect. ${ }^{42}$ In one of the first studies to investigate the radiosensitization effect of the targeted NPs, Kong et al assessed the influence of the modified glucose-coated AuNPs (Glu-AuNPs) in the MCF-7 cells together with 200 kVp X-rays. Results showed that although, non-targeted AuNPs were mainly limited to cell membrane; GluAuNPs entered cells and were distributed in cytoplasm. Predictably, Glu-AuNPs caused more cell death than nontargeted AuNPs, indicating that internalization is essential to enhance radiation dose of NPs. ${ }^{43}$ Recently, Abhari et al investigated application of bovine serum albumin (BSA)modified $\mathrm{Bi}_{2} \mathrm{~S}_{3} @ A u N P s$ bonded to folic acid (FA) as a targeted radiosensitizer for breast cancer therapy. They showed that FA could give a tumor-targeting ability, and BSA coating gives prolonged circulation time ability to NPs. The FA-functionalized $\mathrm{Bi}_{2} \mathrm{~S}_{3} @ A u N P s$ demonstrated in vitro and in vivo enhanced tumor radiosensitization. ${ }^{44}$

Also, Chattopadhyay et al found that DNA damage in cells treated with TZ-PEG-AuNPs was 5 and 3.3 times higher than cells treated with PEG-AuNPs and control cells, respectively. Surface modification of AuNPs with TZ provided their binding to HER-2-exprssing cells, and then they entered cell cytoplasm through EPR process, causing high DNA damage due to biochemical and biophysical damage mechanisms. ${ }^{45}$ A significant effect of radiation interaction and NPs inside cell was observed in case of increasing cell damage. As discussed previously, the Compton scattering and pair production at MV radiation range (above 5 MeV , pair production becomes dominant) produce scattered photons and secondary electrons, which mainly deposit their energy in-situ (Fig. 9).
Here, it was found that antibody was successfully


Fig. 9. Schematic presentation of the DNA damage during radio-sensitization by $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u$ nanoparticles (NPs). The two main mechanisms of cell death using radio-sensitizers are cell damage due to physical mechanism (pair production, Compton and photoelectric effects) and chemical mechanism (production of ROS and oxidative stress) lead to direct or indirect DNA damage and arrest the cell cycle or apoptosis.
conjugated to $30 \mathrm{~nm} \quad \mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$, although it increased hydrodynamic size from 40 to 70 nm , it caused a significant binding with HER-2 receptors on cells. Evaluation of cell viability of $\mathrm{SKBr}-3$ breast cancer cells, including the targeted and non-targeted $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ exposed to 6 and 18 MV radiation energies indicated that internalization of $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ by HER-2 receptor was necessary to decrease cell viability. The introduced molecularly targeted radiosensitizer in the current study could be used to treat other HER-2-receptor-expressing cancer cells. Despite all the efforts and innovations available, animal study of this proposal seems to be very interesting subject, which can be addressed by the authors in future studies.

## Research Highlights

## What is the current knowledge?

$\sqrt{ }$ Megavoltage radiation therapy is one of the most common and effective cancer treatment modalities. Also, due to its side effects, numerous innovative methods have been proposed to enhance the effective dose of RT in cancer cells such as, using radio-sensitizers.
$\sqrt{ }$ The core-shell NPs have unique capabilities compared to single NPs such as (i) less cytotoxicity (ii) bio- and cytocompatibility, and (iii) better binding to other biologically active molecules for use as radio-sensitizers.

## What is new here?

$\sqrt{ }$ Fabrication of the stable and bio-compatible PEGylated $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ targeted with trastuzumab (TZ) antibody as a new theranostic nano-agent (TZ-PEG-Fe $\mathrm{O}_{4} @ A u N P s$ ).
$\sqrt{ }$ Radio-sensitization effects of the TZ-PEG- $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ were investigated using 6 and 18 megavoltage RT for the first time.
$\sqrt{ }$ Radiation of SKBr-3 cells in the presence of TZ-PEG$\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ showed significant radio-sensitization. $\sqrt{ }$ The antibody conjugating to PEG- $\mathrm{Fe}_{3} \mathrm{O}_{4} @$ AuNPs opens the way to produce radio-sensitizers with high-efficiency.

## Conclusion

In this study, trastuzumab-loaded PEG- $\mathrm{Fe}_{3} \mathrm{O}_{4} @ \mathrm{Au}$ core-shell NPs were successfully fabricated as radiation sensitizer. As shown in the results of MTT assay, BrdU assay, and cell cycle, the combination of targeted $\mathrm{Fe}_{3} \mathrm{O}_{4} @$ AuNPs and radiation therapy showed a complementary effect in cells damage. As a result, the trastuzumab-loaded PEG- $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ (as the targeted-NPs) along with radiation exhibited higher cytotoxicity against $\mathrm{SKBr}-3$ than free trastuzumab and $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ due to (a) the higher cellular uptake of $\mathrm{SKBr}-3$ as a HER-2 positive breast cancer cell line and, (b) physical mechanism (Pair production, Compton and Photoelectric effects) and chemical mechanism (production of ROS and oxidative stress) of $\mathrm{Fe}_{3} \mathrm{O}_{4} @ A u N P s$ which lead to direct or indirect DNA damage of cells. The findings of this study could be useful for designing future cancer therapy strategies using bio-radio sensitizers combined with megavoltage range radiation therapy.

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## Authors' contribution

BBA: Preparation of nanoparticles, Data collection; MG: Experiments design, data analysis, provision of study materials and equipment; HH: Experiments design, provision of study materials and equipment, data analysis, writing and reviewing; RM: Original draft writing, Literature search, Data collection; AF: Study design, Data interpretation, supervision, writing and reviewing. All the authors read and approved the final manuscript.

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## Ethical statement

There is none to be disclosed.

## Competing interests

None of the authors have any conflicting interests.

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