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Protective effects of sumatriptan against optic nerve injury in rats via modulation of kynurenine pathway, oxidative stress and apoptosis

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Abstract

Introduction: Traumatic optic neuropathy (TON) is an acute visual dysfunction subsequent to head and neck trauma. Despite immense efforts, there is no effective treatment to minimize the damage caused by TON. Due to its anti-inflammatory and neuroprotective properties, we

aimed to measure the effect of sumatriptan on optic nerve injury in rats.

Methods: Bulldog forceps were used to induce optic nerve crush. Immediately after trauma, a single dose of sumatriptan was intravitreally injected and rats were just observed for 1 week. Visual evoked potential (VEP) was recorded to assess optic nerve function on days 2, 5, and 7 after optic nerve injury. Retinas were extracted seven days after trauma to assess molecular and microscopic changes.

Results: Crushing force reduced cell survival, decreased the amplitude of the waves, and prolonged their latency in VEP. In contrast, sumatriptan significantly increased cell survival and shortened the latency of P2 and N2 waves. Likewise, sumatriptan significantly decreased the tissue levels of toll-like receptor 4 (TLR4), phosphorylated extracellular signal-regulated kinase (p-ERK), malondialdehyde (MDA), indole-amine 2,3-dioxygenase 1 (IDO), tumor necrosis factor α (TNF-α), interferon γ (INF-γ), and kynurenine in the retinas of rats.

Conclusion: These findings suggest that sumatriptan can enhance retinal cell viability, improve optic nerve function, and decrease inflammation, possibly through attenuation of TLR4, ERK, and kynurenine signaling pathways. Thus, future clinical trials should assess the efficacy of low-dose intravitreal sumatriptan for patients with TON.

Introduction

Despite many efforts to find an effective treatment for optic nerve injury, there is still little progress in its management. Only some of previous studies suggested that corticosteroids have limited benefits in TON.1 The optic nerve is like a bundle that contains the axons of retinal ganglion cells (RGCs), connecting the retina to the brain. RGCs are located in the innermost layer of the

retina, and their number decreases following optic nerve injury in animal models.2 While the exact pathogenesis of RGC loss is not fully understood, it is assumed that the disruption of supplying vasculature around the optic nerve is the cause of inflammation and visual impairment.³ It is suggested that RGCs can be counted by measuring the expression level of β-tubulin.^{4,5}

Using forceps is an accessible and reliable method

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to induce the animal model of TON. The crushing injury causes shear stress that leads to axonal damage and Wallerian degeneration. Nerve injury activates the inflammatory response and cytokine release.^{6,7} Subsequently, axonal injury leads to RGC death,^{8,9} which is more prominent a few days after the injury.10 Alteration of electrophysiological variables is another consequence of TON in the first week after trauma. In particular, TON reduces the amplitude of the waves and prolongs their latency in visual evoked potential (VEP).¹¹⁻¹³

Sumatriptan is a selective serotonin 5-HT1B/1D receptor agonist, which is conventionally prescribed for neurogenic inflammation in migraine attacks and cluster headaches. Increased endothelial permeability and albumin leakage into the dural space and retina have been reported after high-intensity electrical stimulation of the trigeminal ganglion in animal studies but not in humans during migraine attacks.¹⁴ Recent studies have shown that low-dose sumatriptan exerts vigorous anti-inflammatory effects,15-17 by downregulating nuclear factor kappa B (NF-κB)18 and inflammatory mediators. A study on vincristine-induced neuropathy showed that sumatriptan can decrease the release of inflammatory cytokines, such as TNF-α and interleukin 1β (IL1-β), and prevent apoptosis.19 Additionally, sumatriptan potentiated antioxidant defense and reduced lipid peroxidation in animal studies.^{16,20,21}

Kynurenine is a metabolite of tryptophan, synthesized by indolamine-2,3-dioxygenase (IDO) in response to immune activation.²² Kynurenine is a substrate for the synthesis of several products, including kynurenic acid, which enhances the viability of RGCs by attenuating NMDA neurotoxicity.²¹ Activation of the kynurenine pathway also leads to the production of neurotoxic metabolites such as quinolinic acid.^{22,23}

Previous experimental studies indicated that modulation of kynurenine metabolism may ameliorate the severity of optic nerve damage after TON.²⁴ In addition, sumatriptan was previously found to alter the metabolism of tryptophan through the kynurenine pathway after organ damage.25 For instance, it was shown that sumatriptan downregulates kynurenine levels after mesenteric ischemia/reperfusion injury.25

Considering the multi-dimensional anti-inflammatory properties of sumatriptan and its effect on neuropathy, we decided to evaluate the effect of sumatriptan on optic nerve injury. We investigated whether intravitreal sumatriptan can prevent RGC loss and attenuate the inflammatory response and oxidative stress after TON. In addition, we investigated whether sumatriptan affects the kynurenine pathway after TON.

Materials and Methods

Animals and grouping

Thirty-six healthy male Wistar rats, aging 10-12 weeks

and weighing 180-220 g, were used in this study. An adequate amount of food and water was provided for the animals, and they were kept in a temperature-controlled room $(23\pm2~\mathrm{°C})$ with intermittent cycles of 12:12 hours of light and dark. Animals were handled according to the Guide for Care and Use of Laboratory Animals (NIH US publication 86-23 revised 1985). After acclimatization to their environment, they were randomly divided into three groups of 12 rats, including the healthy (intact), control (underwent optic nerve crush), and sumatriptan group. The right eye of each rat was manipulated during the experiment, in which forceps were inserted 2 mm away from the eyeball.²⁶ General anesthesia (ketamine 87 mg/ kg and xylazine 13 mg/kg) was induced before the surgery and final sampling. Retinal tissues were harvested and stored in a -80 °C freezer for molecular assay or kept in 4% formaldehyde for histopathological studies. At the end of each study, animals were sacrificed using a CO₂ chamber.

Optic nerve trauma induction and retinal tissue extraction

Constant Bulldog forceps were used to induce the crushing injury. Rats were anesthetized and their foreheads were shaved. A small incision was made in the middle of the superior palpebra to explore the optic nerve. Thereafter, small spring scissors were used to slightly perforate the exposed conjunctiva. The optic nerve resembles a thin white thread located in the superomedial direction, around which the forceps were slowly inserted 2 mm away from the eyeball. The forceps were reopened after 20 seconds and the eyelid was sutured with two simple stitches.13,26

Sumatriptan injection

Sumatriptan was dissolved in normal saline and diluted to 10^{-12} , 10^{-11} , 10^{-9} , 3×10^{-9} , and 10^{-8} molar (M). Before suturing the eyelid, a Hamilton micro-syringe was used to intravitreally inject $5 \mu L$ of this solution into the posterior chamber of the eye. Sumatriptan was administered immediately after TON. The control group received an equal amount of normal saline. As there was no previous study using the intravitreal dose of sumatriptan, we performed a pilot study and measured the effect of different intravitreal doses of sumatriptan on RGC survival. Finally, we found that 10^{-8} M (equivalent to 5×10^{-14} mole (mol)) of sumatriptan was more effective; therefore, further experiments were continued using this concentration of sumatriptan. The rats received a single dose of intravitreal sumatriptan and were observed for 1 week.

At the end of the experiment, after anesthesia the retinas were extracted and placed in a PBS buffer solution.

Visual evoked potential (VEP) recording

VEP recording was performed 2, 5, and 7 days after

optic nerve crush to assess optic nerve function. Before VEP recording, the animals were kept in a dark room for 12 hours and prepared under dim red light. Rats were anesthetized, and the pupils were dilated using 1% tropicamide eye drops. VEP was recorded with stainless steel subdermal needles. A positive electrode was inserted approximately 4 mm lateral to the midline over the visual cortex. The reference electrodes were placed into the skin above the frontal cortex and the ground electrode was inserted around the tail. To minimize variation in the position of the needles within sessions, their position was determined and the needles were fixed on the skin using a tape. Using a photic stimulator at a distance of 15 cm, the visual stimulus was delivered 60 times per minute, with an intensity of 15 dB and a stimulation frequency of 0.2 Hz. The duration of evaluation was 300 milliseconds (ms). For recording the right eye, the other eye was occluded with a carbon black paper and cotton. Mean amplitudes of P1N1 and N1P2, and the mean latencies of P2 and N2 peaks were measured. VEP recording of intact eyes was utilized to demonstrate the effect of crushing injury on visual function.

Retinal immunostaining by immunofluorescence assay

TUJ1 antibody is a common marker used for RGCs' labeling.13,27 The eyeball was carefully extracted and fixed in 4% formaldehyde for 24 hours. After tissue processing, the retina was slightly sliced into 5 μm thickness cuts from the mid-sagittal line of retina. The incisions on lams were placed in TBS IX (T5912-Sigma) solution and then heated in the microwave until the boiling point. Then, the samples were kept in TBS IX for 30 minutes. Samples were rinsed with PBS (P4417-Sigma) three times and then incubated with 0.3% triton (T8787-Sigma) for 30 minutes to increase the cell membrane permeability. In order to block the reactions of secondary antibody, samples were incubated with goat serum 10% (G9023-Sigma). Then, the samples were incubated with diluted primary Anti-β Tubulin antibody (1/100) (SC-166729) and kept at 2-8 °C for 24 hours. After 24 hours, the samples were washed four times with PBS and then dark incubated with diluted secondary antibody (1/150) (ORB688924) for 90 minutes at 37 °C. After washing the samples with PBS, they were incubated with DAPI (D9542-Sigma) for 20 minutes. Subsequently, the samples were incubated with glycerol and PBS, respectively. Finally, the photos were captured under an Olympus microscope. The number of RGCs immunolabelled with Tuj1 in each image was manually quantified using the cell counter tool in ImageJ. A mean number was calculated for each rat based on its photos. Three rats were used in each group.

Measurement of TNFα, INF-γ, and kynurenine levels by enzyme-linked immunosorbent assay (ELISA)

In order to measure the tissue levels of TNF-α and

INF-γ, snap-frozen retinas were homogenized. DuoSet® ELISA Development kits were purchased for TNF-α and INF-γ evaluation (Catalog Number: DY585 for INF-γ and DY510-05 for TNF-α). The ELISA sandwich method was performed according to kit's instruction and the OD (optical density) was read at 450 nm. Standard curve was drawn and used to calculate TNF-α and INF-γ concentrations.

Kynurenine levels were measured using the competitive ELISA method (Catalog Number: MBS745507). Samples were incubated for 1 hour, OD values were read at 450 nm.

Western blotting analysis for TLR4, p-ERK, ERK, Bcl-2, Bax, and IDO1

The expression of TLR4, p-ERK, ERK, Bcl2/Bax and IDO1 was measured in retinal samples. In summary, the lysis buffer was used to homogenate the tissues. Then, the tissue homogenates were centrifuged (Eppendorf 5415 R) at 4 °C for 10 minutes at 12000×g. Protein concentrations were determined using the Bradford method. After electrophoresis, the samples were transferred from the gel to activated PVDF using transfer buffer. The membranes were then blocked by 2% skim milk solution and shook for 75 minutes at room temperature. Then, the membranes were incubated overnight with the following primary antibodies that were purchased from Santa Cruz Biotechnology: GAPDH (sc-32233,), TLR4 (sc-293072), p-ERK (sc-16981-R), ERK (sc-292838), Bcl-2 (sc-492), Bax (sc-7480), and IDO1 antibody (sc-137012). Membranes were then washed 3 times with TBST buffer for 15 minutes each time. Then, mouse anti-rabbit IgG-HRP (sc-2357, Santa Cruz Biotechnology, CA, USA) was added at a concentration of 1:1000. ECL Western Blotting Kit (Roche; Mannheim, Germany) was used for sample visualization, and OD was determined using ImageJ software. Final target density was standardized relative to the GAPDH band density and compared with the control group using Prism 6.07 (GraphPad Inc.).

Griess test for nitric oxide (NO)

To assess the amount of retinal nitrite levels (NO), we used the Griess reagent assay kit, which works based on the colorimetric method. In summary, retinal homogenate supernatant and an equal volume of Griess reagents (100 μL) were mixed. Thereafter, the pink color, developed at 570 nm, was measured using a microplate spectrophotometer. The nitrite concentration was calculated against a nitrite standard.

MDA assay

The potential anti-lipid peroxidation effect of sumatriptan was measured using the colorimetric method. Specimens were kept at -80 °C until the assay. An MDA Biocore Diagnostik Assay Kit (ZellBio) was purchased to measure

oxidative stress in tissue homogenates of the retinal layer. Absorbance was read at 535 nm.

Statistical analysis

Data were analyzed using GraphPad Prism (San Diego, USA) version 6.07. Data are presented using mean±SEM. Probability (p) value less than 0.05 was considered statistically significant (*P*<0.05). One-way analysis of variance (ANOVA) followed by post hoc Tukey's test was used to analyze data. Normality of the data was first measured using the Kolmogorov-Smirnov test. Nonparametric Kruskal-Wallis test was utilized to compare groups with non-normal distribution of data.

Results

Treatment with sumatriptan promoted RGC viability after TON

RGC survival data are presented as mean ± SEM for 3 retinas in each group. After immunostaining for TUJ-1, the slices were visualized using Olympus fluorescent microscope. The mid-sagittal slice was used for quantification. The results showed that the crushing injury significantly decreased the RGCs count, while treatment with a single dose of intravitreal sumatriptan increased the RGC count 7 days after the injury (Fig. 1).

Treatment with sumatriptan improved the latency of P2 and N2 waves after TON

VEP recording was performed 2, 5, and 7 days after the crushing injury. The waves were analyzed and compared between the groups. The crushing injury reduced the amplitude of the P2 and N2 waves and increased their latency. Sumatriptan decreased the latency of the N2 wave on day 5, and P2 on days 2 and 5; however, it did not improve the amplitude of the waves (Fig. 2).

Sumatriptan decreased the tissue levels of TNF-α, INF-γ, and kynurenine after TON

The tissue levels of TNF-α, INF-γ, and kynurenine were measured. TON significantly increased the tissue levels of TNF-α (*P*<0.001, ###), INF-γ (*P*<0.01, ##), and kynurenine (*P*<0.001, ###). Single-dose intravitreal sumatriptan significantly decreased the tissue levels of TNF-α (** *P*<0.01), INF-γ (** *P*<0.01), and kynurenine (****P*<0.001) (Fig. 3).

Western blotting of p-ERK, Bcl2, Bax, and TLR4

TON significantly decreased the bcl2/bax ratio (####*P*<0.0001) and increased the TLR4/GAPDH (####p<0.0001), p-ERK/ERK (####*P*<0.0001), and IDO1/GAPDH (####*P*<0.0001) ratios. In contrast, treatment with intravitreal sumatriptan significantly increased the bcl2/bax ratio (***P*<0.01) and decreased the TLR4/GAPDH (***P*<0.01) and p-ERK/ERK (***P*<0.01) ratios (Fig. 4).

Sumatriptan inhibited the kynurenine pathway after TON

Western blotting was used to measure the retinal expression of IDO1. TON significantly increased the tissue expression of IDO1. On the contrary, a single dose of intravitreal sumatriptan significantly reduced the tissue expression of IDO after TON (****P*<0.001) (Fig. 5).

Sumatriptan markedly increased nitrite levels after TON

The Griess test indicated that TON significantly decreased (***P*<0.01) nitrite levels in retinal homogenates. In contrast, treatment with intravitreal sumatriptan

Fig. 1. Fluorescent images visualizing β-tubulin as an RGC marker. TON significantly decreased the number of RGCs (****P*<0.001) and led to retinal derangement. This figure shows the expression of TUJ1 or β-Tubulin in intact eyes, traumatic eyes, and sumatriptan-treated eyes (10⁻⁸ M). Mean±SEM of RGC number was 78.84±0.60 in the intact group, 15.12±0.05 in the control group, and 62.21±2.673 in the sumatriptan-treated group (n=3). One-way ANOVA was used to compare the groups. *P*<0.05 was considered statistically significant.

Sumatriptan could not significantly increase the amplitude of P2 and N2 waves, but markedly reduced the latency of the P2 wave on the second (***P*<0.01) and fifth (**P*<0.05) days and the latency of the N2 wave on the fifth day (***P*<0.01) after TON. Data *are* presented as mean±SD (n=6). One-way ANOVA was used to compare the groups. $P < 0.05$ was considered statistically significant. P2: P2 wave; N2: N2 wave; lat: latency; amp: amplitude; D: day; #P<0.05, ##*P*<0.01, and ###*P*<0.001.

Fig. 3. The tissue levels of TNF-α, INF-γ, and kynurenine. One-way ANOVA was used to compare groups (n=3). Graphs are represented as mean±SEM. ###*P*<0.001 shows a significant difference between the control group and the intact group. ***P*<0.01 shows a significant difference between the sumatriptantreated group and the control group. Treatment with sumatriptan significantly reduced TNF-α (***P*<0.01), INF-γ (***P*<0.01), and kynurenine (****P*<0.001) levels in the retinal tissue of rats after TON. One-way ANOVA was used to compare the groups. *P*<0.05 was considered statistically significant.

significantly increased nitrite levels in retinal homogenates (* *P*<0.05) after TON (Fig. 6).

Sumatriptan significantly reduced MDA levels after TON

The crushing injury markedly increased MDA levels in the retinal homogenate (###*P*<0.001). Single-dose intravitreal sumatriptan significantly decreased MDA

levels in retinal homogenates compared to the control group (* *P*<0.05) (Fig. 7).

Discussion

In this study, sumatriptan protected against the apoptosis of RGCs after TON. It improved the electrophysiological abnormalities of the optic nerve. In addition, sumatriptan

Fig. 4. bcl2/bax, TLR4/GAPDH, and p-ERK/ERK ratios, measured by Western blotting. 4A). A single dose of intravitreal sumatriptan (10⁻⁸ M) significantly increased the decreased ratios of bcl-2/bax (***P*<0.01); **4B)** Intravitreal sumatriptan (10⁻⁸ M) markedly decreased (***P*<0.01) the increased expression of TLR4; **4C)** Intravitreal sumatriptan (10-8 M) significantly dephosphorylated ERK after TON (***P*<0.01); **4D)** Protein bands of Bcl2, Bax, TLR4, GAPDH, p-ERK, and ERK in each group measured by Western blotting (n=3). One-way ANOVA was used to compare the groups. *P*<0.05 was considered statistically significant.

Fig. 5. Changes in the retinal expression of IDO1 after TON and treatment with sumatriptan. Treatment with a single dose of intravitreal sumatriptan significantly (*** *P*<0.001) decreased the increased expression of IDO1 after TON (n=4). One-way ANOVA was used to compare the groups. *P*<0.05 was considered statistically significant.

mitigated the inflammatory response by downregulating TNF-α, INF-γ, and oxidative stress and reducing the expression of TLR4 and the phosphorylation of ERK. Moreover, sumatriptan suppressed IDO expression and kynurenine production as markers of inflammation. The schematic figure of the studied mechanisms is depicted in graphic abstract.

sumatriptan. Intravitreal injection of single-dose sumatriptan increased NO metabolites in traumatized retinas (**P*<0.05). Data are shown as mean*±*SEM for 4 replicates. One-way ANOVA was used to compare the groups. P<0.05 was considered statistically significant.

Recent studies have suggested that oxidative stress significantly promotes RGC death after TON.²⁸ Bcl2 and Bax are two members of the Bcl2 family and act against each other to regulate apoptotic cell death. The Bcl2/Bax ratio is typically measured to determine the rate of apoptosis in RGCs. A higher Bcl2/Bax ratio predicts a higher chance of RGC survival.29 In our study, sumatriptan reduced oxidative stress, increased RGC count and Bcl2/Bax ratio, and improved the function of nerve fibers after TON. Consistently, in mice with sonication-induced TON, Tse et al revealed that elamipretide improved mitochondrial dysfunction, thereby downregulating superoxide anions

Fig. 7. Changes in retinal MDA levels after TON and treatment with sumatriptan. Intravitreal injection of single-dose sumatriptan significantly decreased the increased levels of MDA in traumatized retinas (**P*<0.05). Data are shown as mean*±*SEM for 4 replicates. One-way ANOVA was used to compare the groups. $P < 0.05$ was considered statistically significant.

and promoting RGC survival.³⁰

Activation of TLR4 is critical for the immune response and induces cytokine production.^{31,32} Consistently, attenuation of the TLR4 signaling pathway inhibits inflammation and improves retinal cell survival.³³⁻³⁵ Activation of microglial cells plays an important role in neuroinflammation. These cells release numerous inflammatory cytokines, such as TNF-α and INF-γ, and reinforce oxidative stress. Previously, it was found that high expression of TLR4 on monocytes is associated with higher serum levels of TNF-α and other inflammatory cytokines.36 These inflammatory mediators aggravate inflammation and form a futile cycle.^{37,38} Downregulation of TLR4 after treatment with sumatriptan in our study shows the protective effect of sumatriptan on neuroinflammation.

Previous studies have shown that activation of the ERK signaling pathway leads to apoptotic cell death in the inflammatory context.³⁹ Similarly, attenuation of the ERK signaling pathway enhanced RGC survival in the mouse model of retinal ischemia/reperfusion.⁴⁰ Azuchi et al reported that optic nerve injury increases ERK phosphorylation while amelioration of TON is followed by ERK dephosphorylation.⁴¹ There are other studies claiming that inhibition of the ERK signaling pathway protects against RGC loss.42,43 Interestingly, sumatriptan modulated the TLR4 and ERK signaling pathways and prevented the overproduction of TNF-α, INF-γ, and ROS in this study.

This study showed that the neuroprotective effect of sumatriptan is mediated through the kynurenine pathway. There are several reports on the involvement of the kynurenine pathway in neurodegeneration and aging.44 Kynurenine promotes the differentiation of regulatory T cells in inflammation and enhances the antiinflammatory response.45

The kynurenine pathway was shown to be activated following spinal cord injury.⁴⁶ The deleterious endproducts of this pathway, especially quinolinic acid, exacerbate inflammation and may be new therapeutic targets in neuroinflammation.⁴⁶ In our study, sumatriptan decreased IDO expression and kynurenine production, which may help reduce inflammation after TON. In another study, IDO inhibition effectively reduced neuropathic pain in a rat model.⁴⁷ Thus, it can be regarded as a promising pathway in future studies on TON.

Although sumatriptan improved the outcome of TON in this experimental study, clinical studies are still needed to assess its efficacy and safety. There are case reports of ocular adverse effects of sumatriptan, which necessitates more caution when using this drug.^{48,49} For instance, sumatriptan-induced bilateral angle-closure glaucoma and sumatriptan-induced non-arteritic anterior ischemic optic neuropathy have been previously reported.^{48,49}

Limitations

There are several limitations to our study that must be acknowledged. First, due to the small size of each retina, many retinas were needed to measure molecular changes; thus, we did not investigate many molecular mechanisms in this study. Second, due to the inherent adverse effects of repeated intravitreal injections, we administered a singledose of intravitreal sumatriptan and did not measure the effects of repeated doses of intravitreal sumatriptan on TON.

Conclusion

TON still has no effective pharmacological treatment.⁵⁰ Low-dose sumatriptan improved optic nerve viability, suppressed inflammation, and protected against RGC death and oxidative stress. Furthermore, low-dose sumatriptan downregulated the kynurenine pathway in TON. Considering the feasibility, accessibility, and already-measured safety of sumatriptan in clinics, this drug may be a promising choice for TON. Thus, future clinical trials should assess the efficacy of low-dose intravitreal sumatriptan for patients with TON.

Authors' Contribution

Conceptualization: Ahmad Reza Dehpour, Razieh Mohammad Jafari. **Data curation:** Masoud Aghsaei Fard, Sepideh Goudarzi, Leila Aghajanpour.

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Writing-review & editing: Masoud Aghsaei Fard, Sepideh Goudarzi, Amir Shadboorestan.

Research Highlights

What is the current knowledge?

- Despite many research efforts, there is no satisfactory treatment for traumatic optic neuropathy.
- Sumatriptan possess anti-inflammatory and neuroprotective properties.

What is new here?

• Sumatriptan can protect against traumatic optic neuropathy by attenuating the inflammatory response and oxidative stress.

Competing Interests

The authors declare that they have no known competing financial interests or personal relationships that might influence the results of this study.

Ethical Statement

This study was conducted according to the Australian Code of Practice for the Care and Use of Animals for Scientific Purposes and was approved by the ethics committee of Tehran University of Medical Sciences, registered under the code IR.TUMS.MEDICINE.REC.1400.429.

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