

Celastrol overcomes 5-fluorouracil resistance in osteosarcoma cells through p53-mediated apoptotic pathway modulation and P-glycoprotein inhibition: A comprehensive mechanistic study

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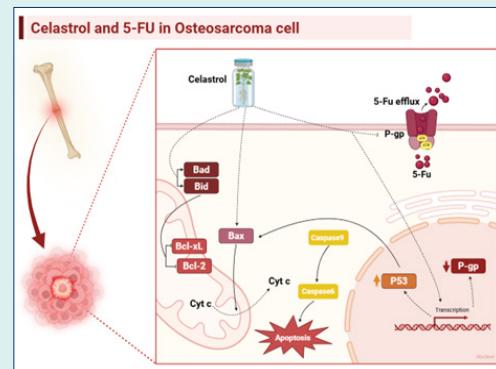
Abstract

Introduction: Osteosarcoma, a prevalent malignant bone tumor in children and adolescents, is hindered by chemoresistance, particularly to 5-fluorouracil (5-FU), driven by mechanisms such as P-glycoprotein (P-gp) overexpression and altered p53 signaling. Celastrol, a triterpenoid, exhibits anti-tumor properties, but its potential to overcome 5-FU resistance in osteosarcoma remains underexplored.

Methods: We investigated the synergistic effects of celastrol and 5-FU in human osteosarcoma cell lines with varying p53 statuses (U-2OS, wild-type; SaOS-2, p53-null; HOS, mutant p53) using MTT assays for cytotoxicity, Chou-Talalay method for synergy, and Cell Death Detection ELISA for apoptosis. Gene expression (p53, Bax, Bcl-2, caspase-9) was quantified via qRT-PCR, P-gp levels by Western blot, and P-gp efflux activity by Rhodamine 123 assays. Non-malignant hFOB 1.19 cells served as controls.

Results: Celastrol and 5-FU exhibited potent cytotoxicity, with combination therapy reducing IC_{50} values 3.7- to 11.9-fold across cell lines, showing strong synergy. The combination significantly enhanced apoptosis and modulated p53-dependent (U-2OS) and -independent (SaOS-2, HOS) pathways, upregulating Bax and caspase-9 while downregulating Bcl-2. Celastrol reduced P-gp expression and increased intracellular drug accumulation, comparable to verapamil.

Conclusion: Celastrol synergizes with 5-FU to overcome chemoresistance in osteosarcoma by enhancing p53-mediated and -independent apoptosis and inhibiting P-gp-mediated drug efflux. These findings suggest a promising low-toxicity therapeutic strategy, warranting further *in vivo* and clinical investigations.



Introduction

Osteosarcoma, the most prevalent primary malignant bone tumor, predominantly affects children and adolescents, characterized by aggressive local invasion and a propensity for early systemic metastases.¹ Despite advancements in multi-agent, dose-intensive chemotherapy combined with refined surgical techniques, the 5-year survival rate for patients with localized osteosarcoma has plateaued at approximately 60% over the past three decades.² This stagnation underscores the urgent need for novel

therapeutic strategies to improve outcomes, particularly given the limitations of current chemotherapeutic regimens. High-dose chemotherapy, while effective, is often constrained by significant systemic toxicity, leading to severe side effects that compromise patient tolerability and quality of life.³ Standard treatments for osteosarcoma typically integrate chemotherapy, radiotherapy, surgery, and immunotherapy, with chemotherapy remaining the cornerstone of management. However, the therapeutic efficacy of conventional chemotherapeutic agents is

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frequently suboptimal, and their use is associated with considerable adverse effects, necessitating the exploration of alternative or adjunctive therapies that enhance efficacy while minimizing toxicity.⁴

Among the chemotherapeutic agents, 5-FU is widely employed across various cancers due to its ability to inhibit thymidylate synthase, thereby disrupting DNA synthesis and inducing cancer cell death.⁵ Although 5-FU is not a frontline component of standard osteosarcoma regimens, where platinum-based agents and anthracyclines predominate, its inclusion in preclinical models and select multi-agent protocols for osteosarcoma has provided valuable insights into pyrimidine analog resistance mechanisms that mirror those observed with core therapeutics.⁶ These shared pathways, including P-gp-mediated efflux and altered DNA repair, position 5-FU as an ideal probe for studying chemosensitization strategies applicable to broader osteosarcoma treatment paradigms, particularly in relapsed or resistant cases where dose intensification is limited by toxicity. Despite its efficacy, 5-FU's clinical utility in osteosarcoma is hindered by chemoresistance, often mediated by mechanisms such as P-gp overexpression, which actively effluxes drugs from cancer cells, reducing intracellular drug accumulation.⁷ Additionally, the side effects of 5-FU, including gastrointestinal toxicity and myelosuppression, further limit its use in some patients. Consequently, there has been growing interest in identifying novel anticancer agents or combination therapies that can enhance the efficacy of existing drugs like 5-FU, reduce required doses, and mitigate associated toxicities.⁶

Celastrol, a triterpenoid derived from the root bark of *Tripterygium wilfordii* Hook F., commonly known as Thunder of God Vine, has emerged as a promising candidate in this context.⁸ This traditional Chinese medicinal compound has demonstrated potent anti-tumor effects across various cancer types by inhibiting cell proliferation, inducing apoptosis, and triggering autophagy through multiple signaling pathways, including reactive oxygen species (ROS)/c-Jun N-terminal kinase (JNK) and mitochondrial-dependent pathways.⁹ In osteosarcoma, celastrol has been shown to cause G2/M phase cell cycle arrest, activate caspases, caspase-3, -8, and -9, and promote both intrinsic and extrinsic apoptotic pathways, as well as autophagy, as evidenced by autophagosome formation and LC3B-II accumulation.^{10,11} Notably, celastrol's ability to inhibit P-gp and other multidrug resistance-associated proteins (e.g., MRP1, BCRP) has been reported to reverse chemoresistance in various cancers, including gastric and lung cancers, enhancing the intracellular accumulation of chemotherapeutic agents.¹² Furthermore, celastrol's modulation of additional pathways, such as endoplasmic reticulum stress (ERS) and Wnt/β-catenin signaling, underscores its multifaceted anti-neoplastic potential.¹³

Despite these promising attributes, the specific effects

of celastrol on osteosarcoma, particularly in combination with 5-FU, remain underexplored. The interplay between celastrol's mechanisms, such as p53-mediated apoptosis and P-gp inhibition, and its potential to overcome 5-FU resistance in osteosarcoma cells with varying p53 statuses (wild-type, null, or mutant) warrants comprehensive investigation. This study aims to elucidate the synergistic effects of celastrol and 5-FU in human osteosarcoma cell lines, focusing on their modulation of p53-dependent and -independent apoptotic pathways and P-gp-mediated drug efflux. By addressing these mechanisms, we seek to provide a mechanistic foundation for the development of novel, low-toxicity combination therapies to improve outcomes for osteosarcoma patients facing the persistent challenge of chemoresistance.

Materials and Methods

Cell lines and culture conditions

Human osteosarcoma cell lines with varying p53 statuses were employed: U-2OS (wild-type p53), SaOS-2 (p53-null), and HOS (mutant p53). These lines were sourced from the American Type Culture Collection (ATCC, Manassas, VA, USA). As a non-malignant (normal) control comparator for the osteosarcoma lines, the human fetal osteoblast cell line hFOB 1.19 (ATCC) was included. These specific cell lines were selected to represent the spectrum of p53 alterations commonly observed in osteosarcoma (wild-type, null, and mutant), allowing us to dissect whether the synergistic effects of celastrol and 5-FU on apoptosis and chemoresistance reversal are p53-dependent or occur through independent pathways, thereby enhancing the translational relevance to heterogeneous patient tumors. The osteosarcoma cells were cultured in Dulbecco's Modified Eagle Medium (DMEM; Thermo Fisher Scientific, Waltham, MA, USA) containing 10% fetal bovine serum (FBS; Thermo Fisher Scientific), 100 U/mL penicillin, and 100 µg/mL streptomycin (Thermo Fisher Scientific). Cultures were maintained at 37°C in a humidified incubator with 5% CO₂. The hFOB 1.19 cells were grown in a 1:1 mixture of DMEM and Ham's F-12 medium (Thermo Fisher Scientific) supplemented with 10% FBS and the same antibiotics, at 34 °C without CO₂ supplementation. All cell lines were routinely tested for mycoplasma contamination and authenticated via short tandem repeat profiling.

Reagents and drug preparation

Celastrol (≥98% purity) and 5-FU were acquired from Sigma-Aldrich (St. Louis, MO, USA). Celastrol was solubilized in dimethyl sulfoxide (DMSO; Sigma-Aldrich) to form a 50 mM stock, while 5-FU was prepared as a 100 mM stock in sterile phosphate-buffered saline (PBS; Thermo Fisher Scientific). Stocks were aliquoted and frozen at -20 °C. For experiments, drugs were freshly diluted in complete growth medium, ensuring the

final DMSO concentration remained below 0.1% (v/v) to prevent solvent-induced toxicity. Verapamil and Rhodamine 123, used in functional assays, were also from Sigma-Aldrich.

Cell viability and cytotoxicity assessment

Cytotoxic effects were quantified using the MTT (3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide) assay (Sigma-Aldrich). Cells were plated at 5×10^3 per well in 96-well plates and incubated overnight for attachment. Treatments involved serial dilutions of celastrol (0-100 μ M), 5-FU (0-50 μ M), or combinations thereof, for 48 h. Combination experiments used a constant 3:1 molar ratio (celastrol:5-FU), selected from initial dose-response optimization. Post-treatment, 20 μ L of MTT (5 mg/mL in PBS) was added per well, followed by a 4-h incubation at 37 °C. Formazan crystals were dissolved in 150 μ L DMSO, and optical density was read at 570 nm on a Synergy H1 microplate reader (BioTek, Winooski, VT, USA). Viability was expressed relative to vehicle-treated controls. Half-maximal inhibitory concentrations (IC_{50}) were derived via nonlinear regression in GraphPad Prism v9.5 (GraphPad Software, La Jolla, CA, USA). Experiments were conducted in triplicate wells and replicated three times.

Drug synergy analysis

Synergistic interactions were evaluated using the Chou-Talalay method. Combination index (CI) values were computed with CompuSyn software (ComboSyn Inc., Paramus, NJ, USA), where $CI < 0.9$ denotes synergy, $CI = 0.9-1.1$ additivity, and $CI > 1.1$ antagonism. Dose reduction indices (DRIs) were also calculated to quantify reductions in individual drug doses needed for equivalent efficacy in combination. Data from MTT assays at multiple effect levels (e.g., ED_{50}) were analyzed from at least three independent runs.

Apoptosis detection

Apoptotic DNA fragmentation was measured with the Cell Death Detection ELISA PLUS kit (Roche Diagnostics, Mannheim, Germany), following the manufacturer's guidelines. Cells were seeded at 1×10^5 per well in 6-well plates, treated with celastrol (10 μ M), 5-FU (2 μ M), or the combination for 48 h, then lysed. Cytoplasmic histone-associated DNA fragments were quantified spectrophotometrically at 405 nm (reference: 490 nm) using the microplate reader. Results were normalized to untreated controls and reported as fold changes. Triplicate measurements were performed across three biological replicates.

RNA extraction and quantitative real-time PCR (qRT-PCR)

Total RNA was isolated from treated cells (48 h combination

exposure) using the TRIzol reagent (Invitrogen, Thermo Fisher Scientific) per protocol. RNA integrity was verified on a NanoDrop One spectrophotometer (Thermo Fisher Scientific), and 1 μ g was reverse-transcribed into cDNA with the High-Capacity cDNA Reverse Transcription Kit (Applied Biosystems, Foster City, CA, USA). Quantitative real-time PCR (qRT-PCR) was carried out on a QuantStudio 7 Flex system (Applied Biosystems) using PowerUp SYBR Green Master Mix (Applied Biosystems). Primers were:

- p53: Forward 5'-CCCTCCTGGCCCTGTCATCT TC-3', Reverse 5'-GCAGCGCCTCACAAACCTCCGT CAT-3'
- Bax: Forward 5'-TGGCAGCTGACATGTTTCTGA C-3', Reverse 5'-TCACCCAACCACCCCTGGTCTT-3'
- Bcl-2: Forward 5'-CCTGTGGATGACTGAGTAC CTG-3', Reverse 5'-GAGACAGGCCAGGAGAAATC AA-3'
- Caspase-9: Forward 5'-TGTCGGGACTCAACTC CA-3', Reverse 5'-GCTCCTTCACCGAAACAGC-3'
- GAPDH: Forward 5'-ACAACTTGGTATCGTGGAGG-3', Reverse 5'-GCCATCACGCCACAGTTTC-3'

Relative expression was determined by the $2^{-\Delta\Delta Ct}$ method, normalized to GAPDH. Each sample was run in triplicate, with experiments repeated thrice.

Western blot analysis

For Western blotting, cells treated for 24 h were harvested in RIPA lysis buffer (Thermo Fisher Scientific) supplemented with Halt Protease and Phosphatase Inhibitor Cocktail (Thermo Fisher Scientific). Protein was quantified via BCA assay (Pierce, Thermo Fisher Scientific). Lysates (40 μ g) were resolved on 10% SDS-PAGE gels and transferred to nitrocellulose membranes (Bio-Rad, Hercules, CA, USA). Membranes were blocked in 5% bovine serum albumin in TBST (Tris-buffered saline with 0.1% Tween-20) for 1 h, then probed overnight at 4°C with primary antibodies: anti-P-glycoprotein (1:1000; ab170904, Abcam, Cambridge, UK) and anti- β -actin (1:5000; A5441, Sigma-Aldrich). Secondary HRP-linked antibodies (1:3000; Cell Signaling Technology, Danvers, MA, USA) were applied for 1 h. Bands were detected with SuperSignal West Pico PLUS chemiluminescent substrate (Thermo Fisher Scientific) on a ChemiDoc imaging system (Bio-Rad). Densitometry used Image Lab software (Bio-Rad), with β -actin for normalization. Assays were replicated three times.

P-glycoprotein (P-gp) efflux activity assay

P-gp function was assessed via Rhodamine 123 accumulation. After 24 h pretreatment with celastrol (10 μ M), 5-FU (2 μ M), or combination, cells were loaded with 5 μ M Rhodamine 123 for 1 h at 37 °C, with or without 50 μ M verapamil as positive control. Following washes in cold PBS, intracellular fluorescence was quantified by

flow cytometry on a BD FACSCanto II (BD Biosciences, San Jose, CA, USA), analyzing 10,000 events per sample in the FITC channel. Data were processed with FlowJo v10 (BD Biosciences) and expressed as fold increase in mean fluorescence intensity over controls. Three independent experiments were performed.

Statistical analysis

Data are presented as mean \pm standard deviation (SD) from a minimum of three independent experiments. Group differences were analyzed by one-way ANOVA with Tukey's post-hoc test for multiple comparisons, or two-tailed Student's t-test for pairwise analyses, using GraphPad Prism v9.5. Significance was defined as $P < 0.05$.

Results

Celastrol displays strong cytotoxic effects on human osteosarcoma cells

To determine the fundamental cytotoxic characteristics, we assessed the standalone impacts of celastrol and 5-FU on three distinct human osteosarcoma cell lines with varying p53 profiles: U-2OS (wild-type p53), SaOS-2 (p53-null), and HOS (mutant p53). We also included normal human osteoblasts (hFOB) for comparison. Using MTT

assays, both agents exhibited cytotoxicity that increased with concentration in all cell lines examined (Fig. 1A-C).

Celastrol exhibited robust inhibition of cell proliferation, achieving IC_{50} values of $20.2 \pm 1.7 \mu M$ for HOS cells, $24.8 \pm 2.1 \mu M$ for U-2OS cells, and $26.4 \pm 2.3 \mu M$ for SaOS-2 cells following 48 hours of exposure. Importantly, celastrol displayed notable preference for tumor cells, as hFOB cells were considerably more resilient (IC_{50} : $58.9 \pm 4.8 \mu M$; $P < 0.001$ compared to cancer lines). This translated to selectivity ratios of 2.2- to 2.9-fold, highlighting its targeted action against cancerous cells.

In parallel, 5-FU induced cytotoxicity in a dose-related manner, with IC_{50} values of $6.3 \pm 0.5 \mu M$ (HOS), $7.8 \pm 0.6 \mu M$ (U-2OS), and $8.2 \pm 0.7 \mu M$ (SaOS-2). The hFOB cells showed greater tolerance to 5-FU (IC_{50} : $24.7 \pm 2.1 \mu M$), resulting in selectivity ratios from 3.0- to 3.9-fold. Of note, HOS cells with mutant p53 were most responsive to each drug alone, implying that p53 alterations could affect susceptibility to these treatments.

Combined celastrol and 5-FU therapy shows robust synergism

Combination therapy at a fixed 3:1 molar ratio (celastrol:5-FU) markedly enhanced cytotoxicity across

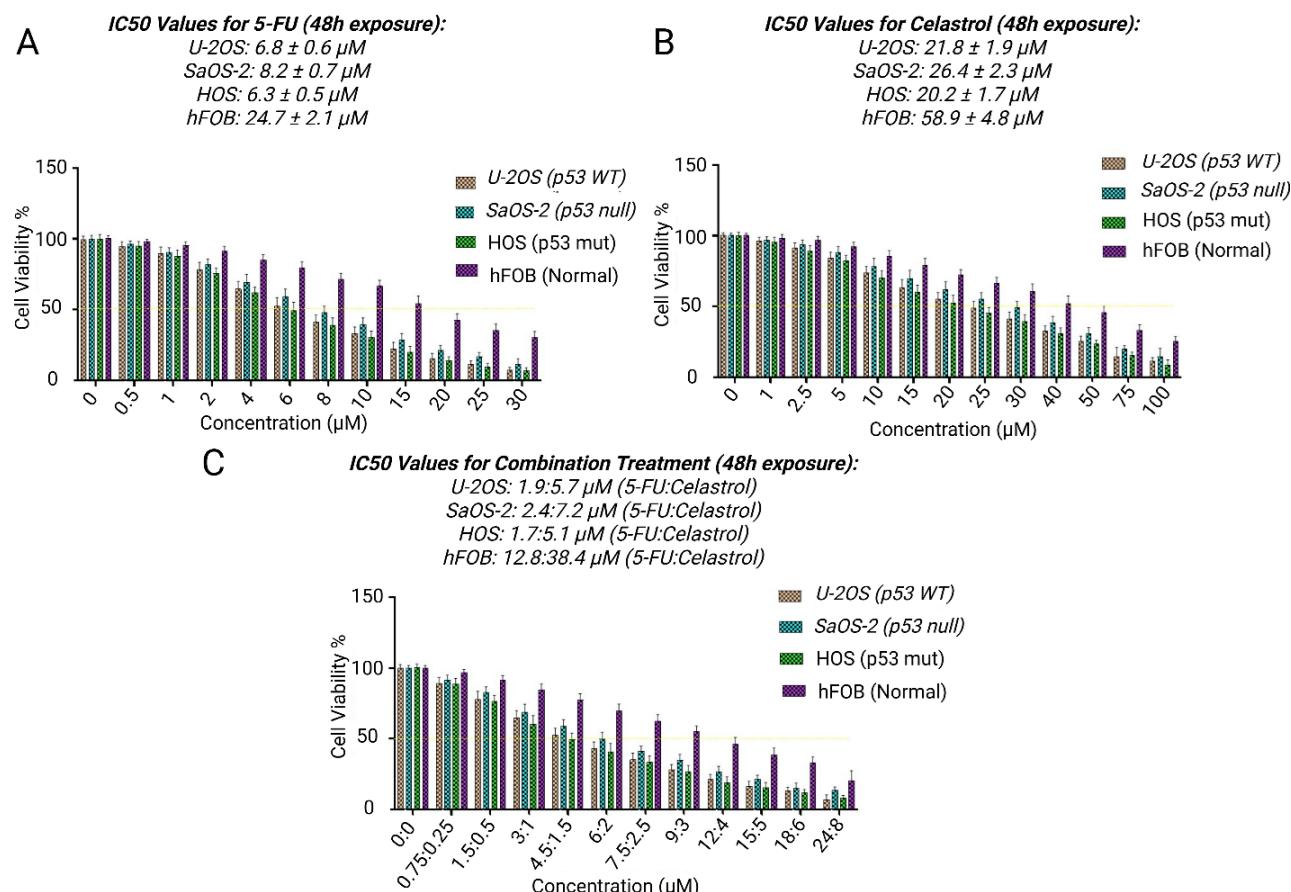


Fig. 1. Synergistic cytotoxicity of celastrol and 5-FU alone or in combination in U-2OS, SaOS-2, HOS, and hFOB. (A) Dose-response curves showing cell viability (%) versus drug concentration (μM) for 5-FU, (B) Celastrol, and (C), combination for 48h. Data represent mean \pm SD from three independent experiments performed in triplicate. *** $P < 0.001$ vs. individual treatments.

all osteosarcoma cell lines, as illustrated by the dose-response curves for 5-FU (Fig. 1A), celastrol (Fig. 1B), and the combination (Fig. 1C), with IC_{50} values for the combination (expressed as celastrol equivalent concentration) dropping substantially compared to monotherapies (Table 1). This resulted in dose reductions of 3.7- to 11.9-fold relative to celastrol alone and 1.1- to 3.7-fold relative to 5-FU alone. Chou-Talalay analysis confirmed strong synergism ($CI < 0.9$ at ED_{50} across lines), with the most pronounced effects in HOS cells (mutant p53), suggesting that p53 status may influence interaction strength.

Table 1. Synergistic cytotoxicity and dose reduction effects of celastrol and 5-FU combination therapy in osteosarcoma cell lines with varying p53 statuses

Cell line	p53 status	IC_{50} celastrol alone (μM)	IC_{50} 5-FU Alone (μM)	IC_{50} Combination (celastrol equivalent, μM)	DRI vs. celastrol alone (fold)	DRI vs. 5-FU alone (fold)	CI at ED_{50}
HOS	Mutant	20.2 ± 1.7	6.3 ± 0.5	1.7 ± 0.2	11.9	3.7	0.31 ± 0.05
U-2OS	Wild-type	24.8 ± 2.1	7.8 ± 0.6	4.9 ± 0.4	5.1	1.6	0.58 ± 0.08
SaOS-2	Null	26.4 ± 2.3	8.2 ± 0.7	7.2 ± 0.6	3.7	1.1	0.74 ± 0.09

*Notes: IC_{50} values represent mean \pm SD from three independent experiments (triplicate wells). Combination IC_{50} is the celastrol concentration in the 3:1 (celastrol:5-FU) fixed-ratio mixture achieving 50% inhibition. DRIs were calculated using CompuSyn software as the ratio of monotherapy IC_{50} to the effective dose in combination. $CI < 0.9$ indicates synergism. DRI, dose reduction index.

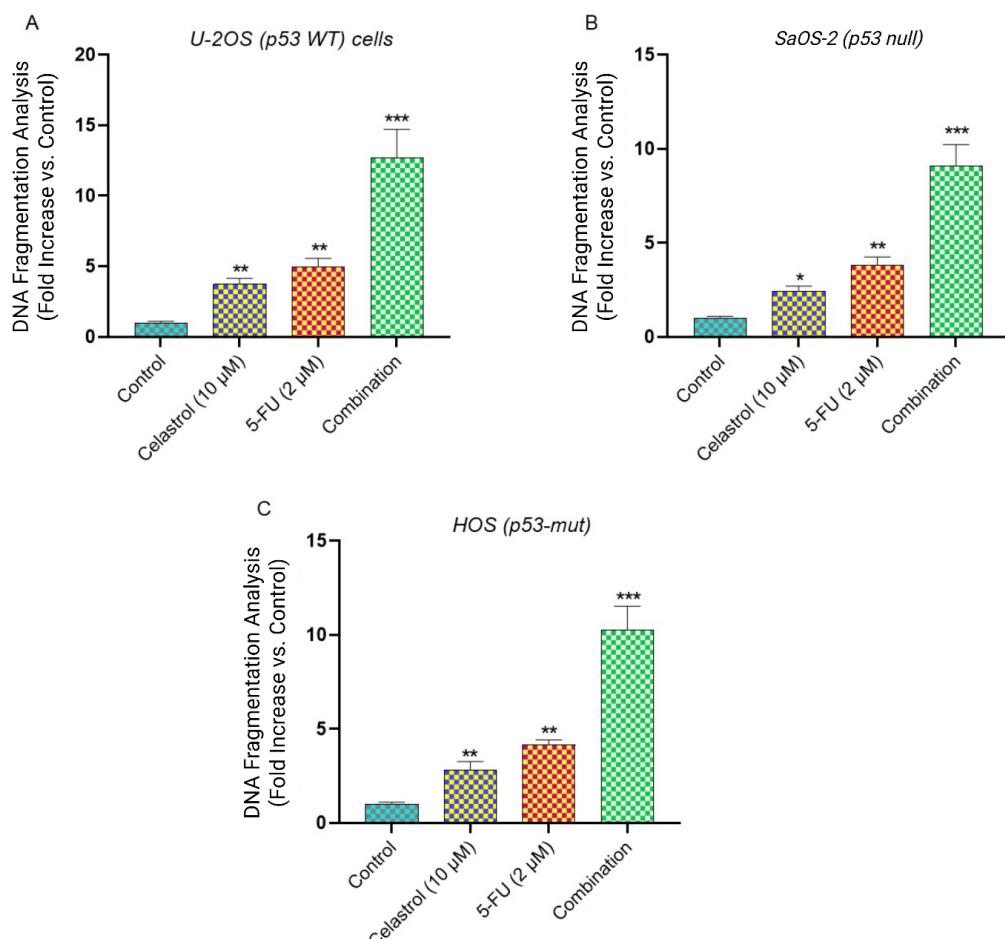


Fig. 2. Cell death ELISA and apoptotic DNA fragmentation analysis. Quantitative analysis of DNA fragmentation using Cell Death Detection ELISA kit in (A) U-2OS, (B) SaOS-2, and (C) HOS cells treated with vehicle control, Celastrol (10 μM), 5-FU (2 μM), or combination for 48h. Data represent mean \pm SD from three independent experiments. * $P < 0.05$ and ** $P < 0.01$ vs. control; *** $P < 0.001$ vs. individual treatments.

Dual therapy triggers extensive apoptosis

To uncover the basis for heightened toxicity, we conducted thorough apoptosis evaluations using the biochemical Cell Death Detection ELISA assay. The Cell Death Detection ELISA, measuring histone-linked DNA fragments in the cytoplasm as an apoptosis indicator, showed substantial rises in cell death after combined exposure (Fig. 2A-C).

Single-agent exposures to celastrol (10 μM) or 5-FU (2 μM) over 48 hours caused moderate yet significant apoptosis over vehicle-treated groups. Celastrol alone elevated DNA fragmentation 2.8 ± 0.3 -fold (U-2OS), 2.1 ± 0.2 -fold (SaOS-2), and 3.4 ± 0.4 -fold (HOS) versus

controls ($P < 0.05$ to $P < 0.01$). 5-FU monotherapy yielded 2.2 ± 0.3 -fold (U-2OS), 1.8 ± 0.2 -fold (SaOS-2), and 2.9 ± 0.3 -fold (HOS) increments.

In contrast, the combination elicited profound apoptotic surges, with fragmentation at 8.7 ± 0.9 -fold (U-2OS), 6.2 ± 0.7 -fold (SaOS-2), and 11.4 ± 1.2 -fold (HOS) above baselines ($P < 0.001$ versus monotherapies). This underscores synergistic apoptosis promotion, particularly strong in HOS cells.

p53 condition affects apoptosis signaling

Real-time quantitative PCR uncovered unique apoptotic gene profiles linked to p53 functionality in the lines (Fig.

3A). In wild-type p53 U-2OS cells, the combination boosted p53 mRNA 4.8 ± 0.5 -fold over controls ($P < 0.001$), alongside elevated pro-apoptotic Bax (3.2 ± 0.4 -fold) and caspase-9 (2.9 ± 0.3 -fold), and reduced anti-apoptotic Bcl-2 (0.3 ± 0.05 -fold; $P < 0.001$).

Conversely, p53-null SaOS-2 cells lacked p53 mRNA but activated apoptosis independently, with Bax rising 2.1 ± 0.3 -fold, caspase-9 1.9 ± 0.2 -fold, and Bcl-2 dropping to 0.5 ± 0.08 -fold. This suggests the therapy engages both p53-reliant and autonomous routes.

Mutant p53 HOS cells presented a hybrid profile: slight p53 increase (1.8 ± 0.2 -fold), strong Bax elevation (2.8 ± 0.4 -fold), intermediate caspase-9 (2.3 ± 0.3 -fold), and Bcl-2

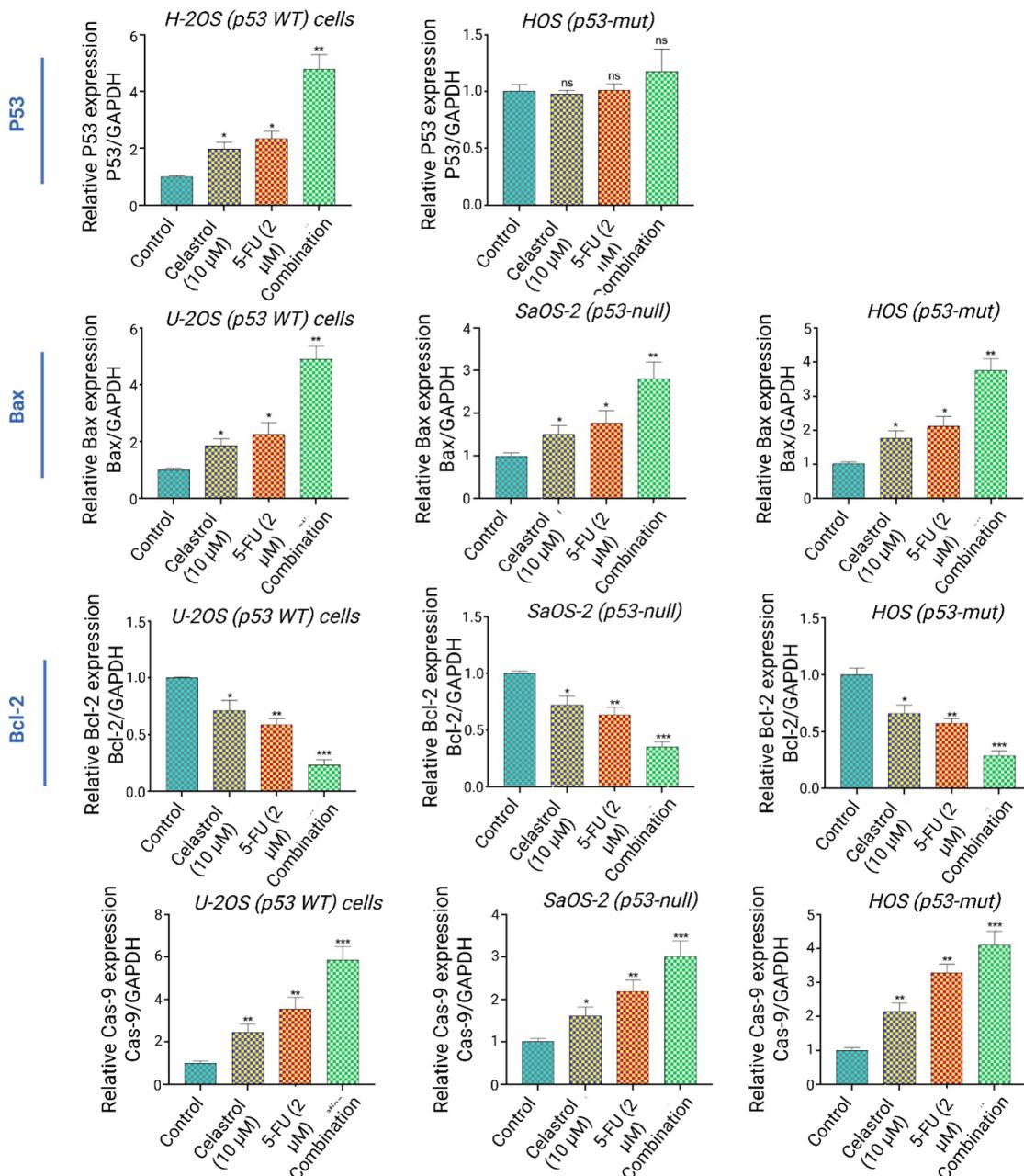


Fig. 3. p53-Dependent and independent apoptotic pathway modulation. (A) Representative mRNA expression of p53, Bax, Bcl-2, and caspase-9 in U-2OS (p53-WT), SaOS-2 (p53-null), and HOS (p53-mut) cells following 48h combination treatment. GAPDH serves as internal control.

decline (0.4 ± 0.06 -fold). Patterns imply partial mutant p53 activity, with dominant alternative mechanisms. To more precisely evaluate the propensity for programmed cell death, we computed the Bax/Bcl-2 ratio, a reliable measure of mitochondrial susceptibility to apoptosis. Across every cell type, the combined celastrol and 5-FU regimen substantially amplified this ratio, peaking in U-2OS cells at 10.7 ± 1.3 times baseline ($P < 0.001$), then HOS at 7.0 ± 0.9 -fold ($P < 0.001$), and SaOS-2 at 4.2 ± 0.6 -fold ($P < 0.001$). Such results underscore how this synergistic approach decisively favors pro-apoptotic signaling, independent of p53 integrity.

Celastrol suppresses P-gp and boosts intracellular drug levels

Exploring synergism drivers, we analyzed celastrol's influence on P-gp levels and activity. Western blots indicated celastrol markedly lowered P-gp in all lines (Fig. 4A).

Initial P-gp varied, highest in SaOS-2, then HOS and U-2OS. Celastrol (10 μ M, 24 hours) cut P-gp by $67 \pm 8\%$ (U-2OS), $72 \pm 9\%$ (SaOS-2), and $59 \pm 7\%$ (HOS) from controls ($P < 0.001$). 5-FU alone minimally affected it

(15-20% drop), while combination mirrored celastrol's impact.

Rhodamine 123 assays confirmed reduced efflux (Fig. 4B). Controls had quick dye expulsion and low retention, but celastrol raised accumulation 3.8 ± 0.4 -fold (U-2OS), 4.7 ± 0.5 -fold (SaOS-2), and 3.2 ± 0.3 -fold (HOS; $P < 0.001$). This matched verapamil (50 μ M), a standard inhibitor, with gains of 4.1 ± 0.5 -fold (U-2OS), 5.2 ± 0.6 -fold (SaOS-2), and 3.5 ± 0.4 -fold (HOS). Thus, celastrol hinders P-gp efflux, likely aiding 5-FU buildup and potency.

Discussion

Osteosarcoma remains a formidable challenge in pediatric oncology, with chemoresistance, particularly efflux-mediated by P-gp, contributing to stagnant survival rates despite multi-agent regimens centered on doxorubicin, cisplatin, and methotrexate. While 5-FU is not a standard component of these frontline protocols, its inclusion in this study is justified as a targeted model for investigating P-gp-driven resistance, a mechanism that impairs nucleoside analogs and broader therapeutics in bone tumors. Preclinical evidence supports 5-FU's exploration in osteosarcoma for multi-drug combinations

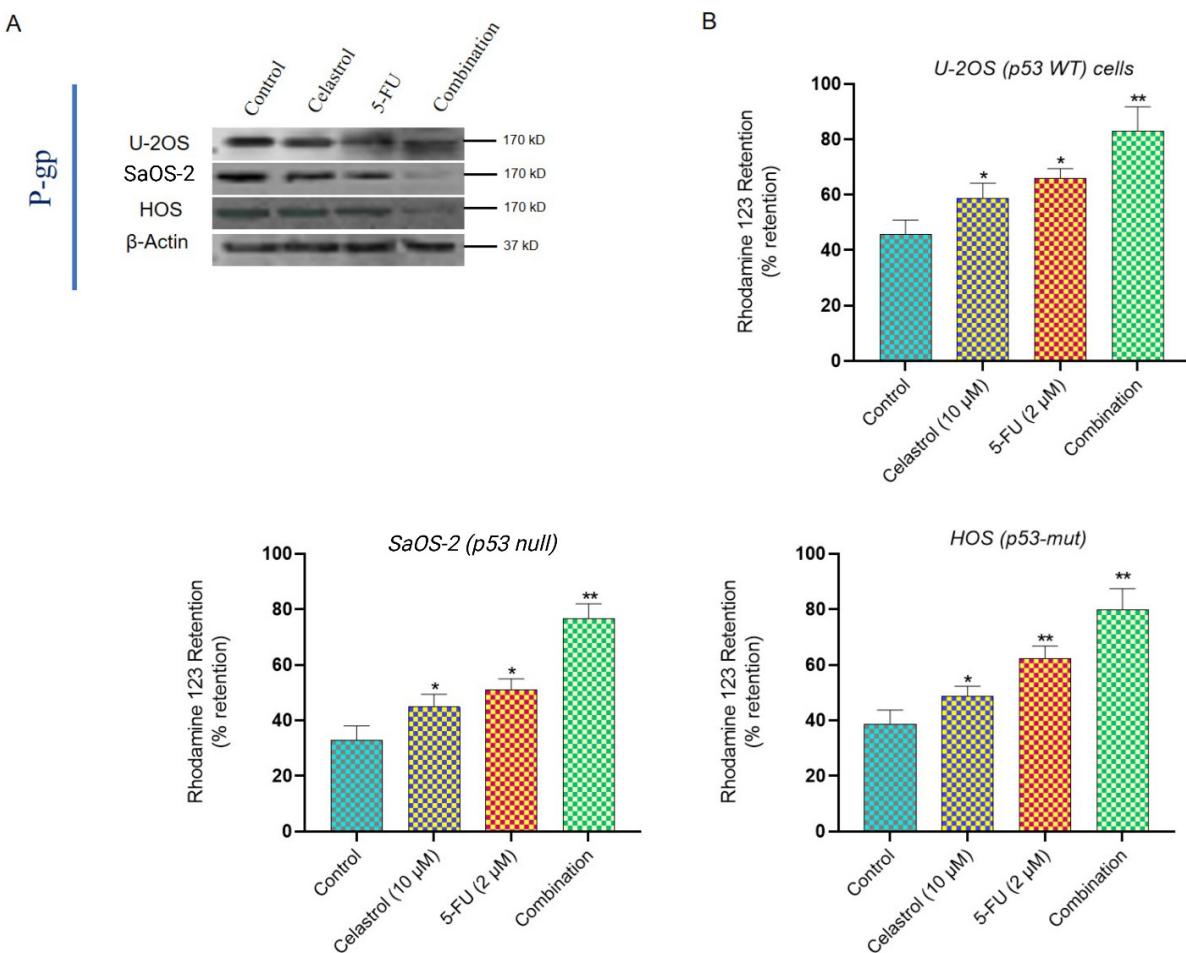


Fig. 4. P-glycoprotein inhibition and drug accumulation enhancement. (A) Western blot analysis of P-gp protein expression in control and mono/combination-treated osteosarcoma cells. (B) Flow cytometry analysis of Rhodamine 123 retention assay demonstrating P-gp functional inhibition. Data represent mean \pm SD from three independent experiments.

and as a probe for sensitization strategies allowing us to dissect adjunctive therapies that could enhance efficacy while minimizing toxicity across resistance phenotypes.^{14,15} The present study provides compelling evidence that celastrol, a triterpenoid extracted from *Tripterygium wilfordii*,¹⁶ significantly enhances the anti-tumor efficacy of 5-FU against human osteosarcoma cells through dual mechanisms: modulation of p53-dependent apoptotic pathways and inhibition of P-gp-mediated drug efflux. These findings address a critical clinical problem, chemoresistance, that has long hindered improvements in osteosarcoma patient survival.⁴ By dissecting the cooperative effects of celastrol and 5-FU in osteosarcoma cell lines with distinct p53 statuses, we highlight both p53-mediated and p53-independent apoptotic signaling as key contributors to this synergy.

Prior studies have established celastrol's anti-osteosarcoma activity primarily through monotherapy mechanisms, such as suppression of invasion and migration via downregulation of the PI3K/Akt/NF-κB pathway in U-2OS cells,¹⁷ or induction of apoptosis and autophagy via ROS/JNK signaling, with *in vivo* xenograft validation.¹⁸ These works underscore celastrol's broad cytotoxic potential but focus on single pathways without addressing chemoresistance reversal or combination synergies specific to osteosarcoma. Similarly, celastrol's pairing with cisplatin has been shown to amplify apoptosis via mitochondrial and endoplasmic reticulum pathways in U-2OS cells,¹³ yet this synergy was limited to wild-type p53 contexts and did not interrogate efflux mechanisms or p53 heterogeneity. In contrast, our study is the first to demonstrate celastrol's synergistic interaction with 5-FU, a nucleoside analog relevant to resistance modeling, in osteosarcoma across p53-wild-type (U-2OS), null (SaOS-2), and mutant (HOS) lines, revealing a distinct contribution: integrated p53-dependent/independent apoptosis modulation coupled with P-gp inhibition as dual axes for overcoming efflux-driven resistance. This extends beyond gastric cancer models, where celastrol+5-FU synergy reduced IC₅₀ values and induced S-phase arrest via apoptosis,¹⁹ by adapting the approach to osteosarcoma's unique genetic landscape and emphasizing P-gp downregulation (59–72% reduction) as a novel bridge to enhanced 5-FU accumulation.

Our data demonstrated that celastrol alone exerted robust cytotoxicity across all tested osteosarcoma cell lines while sparing normal osteoblasts, consistent with previous reports of its selective anti-tumor activity.²⁰ Celastrol has been shown to trigger G2/M cell-cycle arrest, induce caspase activation, and engage both intrinsic and extrinsic apoptotic pathways in osteosarcoma and other malignancies. The present study extends these findings by showing that celastrol not only induces apoptosis directly but also sensitizes resistant cells to 5-FU. The marked reduction in combination IC₅₀ values and the

low CI scores across multiple effect levels confirm a strong synergistic interaction, particularly in HOS cells harboring mutant p53. This is consistent with prior observations that celastrol can restore chemosensitivity in drug-resistant gastric and oral cancers through apoptosis induction and efflux pump inhibition.¹⁸

The apoptotic profiles we observed underscore the centrality of p53 in mediating the celastrol-5-FU interaction. In U-2OS cells with wild-type p53, combination treatment upregulated p53 mRNA nearly fivefold, accompanied by substantial increases in Bax and caspase-9 expression and a pronounced decrease in Bcl-2 levels. These molecular events align with canonical p53 signaling, which transcriptionally activates Bax and represses Bcl-2 to promote mitochondrial outer membrane permeabilization and cytochrome c release. Caspase-9 activation, observed here and in previous celastrol studies,²¹ further supports engagement of the intrinsic pathway. Interestingly, SaOS-2 cells, which lack functional p53, still underwent significant apoptosis under combination therapy, albeit at a reduced magnitude. Bax and caspase-9 activation in these cells indicates that celastrol and 5-FU can engage alternative pro-apoptotic mechanisms independent of p53. Such redundancy may underlie the broad effectiveness of celastrol across p53-mutant or -deficient cancers and is a particularly relevant finding given the high frequency of p53 alterations in osteosarcoma.

The intermediate response observed in HOS cells, which harbor mutant p53, suggests partial restoration or bypass of p53 signaling. Mutant p53 proteins can exert dominant-negative effects or acquire oncogenic functions that disrupt apoptosis, yet the combination therapy elicited robust apoptotic responses in this line. This suggests that celastrol may either partially reactivate mutant p53 conformations or stimulate parallel pathways, such as stress-activated kinases (e.g., JNK) and endoplasmic reticulum stress responses, both of which have been implicated in celastrol-induced apoptosis.^{22,23} Here too, the apoptotic marker shifts could reflect direct effects of celastrol on JNK phosphorylation, leading to secondary Bax translocation, or indirect amplification through enhanced 5-FU retention.¹⁸ Future studies employing mutant p53 rescue constructs could clarify these dynamics. The apoptotic profiles underscore p53's central role in celastrol-5-FU synergy, underexplored in prior celastrol-osteosarcoma studies lacking p53-null/mutant models. In wild-type p53 U-2OS cells, combination therapy upregulated p53 mRNA ~5-fold, boosting Bax/caspase-9 while reducing Bcl-2, consistent with canonical p53-driven mitochondrial permeabilization and intrinsic apoptosis.¹⁷ p53-null SaOS-2 cells showed reduced but significant apoptosis via Bax/caspase-9, revealing p53-independent paths that broaden celastrol's utility in p53-altered osteosarcoma. Mutant p53 HOS cells exhibited

intermediate responses, implying partial p53 bypass via JNK/ER stress pathways¹⁹; shifts likely arise from JNK-mediated Bax translocation or enhanced 5-FU retention. Future mutant p53 rescue experiments could refine this, building on our p53-stratified model. A second critical mechanism contributing to the synergy is P-glycoprotein inhibition.²⁴ P-gp overexpression is a hallmark of multidrug resistance in osteosarcoma and other tumors, actively exporting chemotherapeutics such as 5-FU out of cells and reducing intracellular drug accumulation.^{25,26} Our Western blot and Rhodamine 123 efflux assays revealed that celastrol substantially downregulated P-gp expression and impaired its transport activity across all osteosarcoma cell lines. Notably, the degree of P-gp inhibition by celastrol was comparable to verapamil, a standard P-gp inhibitor, and resulted in marked increases in intracellular dye retention. These findings are supported by previous studies demonstrating celastrol's capacity to reverse multidrug resistance in gastric and lung cancer cells by suppressing P-gp and related transporters.^{19,27} By inhibiting P-gp, celastrol likely enhances 5-FU retention and bioavailability within osteosarcoma cells, thereby potentiating its cytotoxic effects. The pronounced synergy observed in HOS cells may be partly attributed to their relatively high baseline P-gp levels, which were significantly suppressed by celastrol. The downregulation of P-gp observed in our study could be a direct effect, as celastrol has been reported to bind the nucleotide-binding domains of P-gp, competitively inhibiting ATP hydrolysis and efflux function without altering transcription.^{12,27} Alternatively, it may be secondary to celastrol's broader impact on proteasomal degradation pathways or NF-κB signaling, which transcriptionally regulate MDR1 expression.²⁸ The rapid time frame of our assays (24 h) favors a direct inhibitory mechanism over transcriptional changes, but this distinction remains tentative without additional profiling. Moreover, while our functional efflux data strongly implicate P-gp in the synergy, the lack of rescue experiments, such as stable P-gp overexpression in these cell lines to test if it attenuates celastrol's chemosensitizing effects, limits definitive causal attribution. Such experiments, alongside siRNA-mediated P-gp knockdown, would be essential to confirm P-gp as the primary mediator of enhanced 5-FU accumulation and apoptosis in future work. The reduced dose requirements for both celastrol and 5-FU under combination therapy, as indicated by favorable dose reduction indices, suggest potential clinical advantages, including lower toxicity and improved therapeutic windows. Given the dose-limiting adverse effects of both celastrol and 5-FU *in vivo*, this finding is particularly promising for translation into clinical strategies.

In addition to its effects on P-gp and p53 signaling, celastrol has been reported to modulate multiple cancer-related pathways, including ROS/JNK signaling, ER stress,

mTOR inhibition, and Wnt/β-catenin suppression.²⁹⁻³¹ While these pathways were not directly interrogated in the present study, their documented roles in celastrol-mediated apoptosis and autophagy provide further mechanistic context. For example, ROS accumulation and JNK activation have been shown to act upstream of both apoptosis and autophagy in osteosarcoma cells treated with celastrol.¹⁸ Similarly, inhibition of mTOR signaling may indirectly sensitize cells to chemotherapeutic agents by disrupting survival pathways and reducing efflux pump expression.²⁷ Future studies could examine whether these additional mechanisms contribute to the observed synergy with 5-FU. Employing three osteosarcoma cell lines with varying p53 profiles bolsters our findings, confirming that celastrol's ability to enhance chemotherapy sensitivity transcends specific genetic profiles. Still, important caveats temper the study's reach and clinical promise. Primarily, its *in vitro* focus, though illuminating apoptosis pathways and P-gp blockade, overlooks intricate *in vivo* dynamics like tumor-microenvironment crosstalk, immune responses, drug absorption, distribution, and chronic toxicity from the celastrol-5-FU pairing. Celastrol's low water solubility, quick breakdown, and slim safety margin, flaws highlighted in earlier research, could undermine real-world performance or spark unexpected side effects. Upcoming work should prioritize *in vivo* tests via orthotopic NOD/SCID mouse xenografts, dosing intraperitoneally to gauge tumor growth, survival rates, and tissue harm. Additionally, while P-gp suppression drives much of the synergy, we overlooked other efflux transporters like MRP1 and BCRP; probing these could reveal wider resistance-busting roles. Finally, without gain or loss-of-function assays, such as P-gp overexpression or CRISPR p53 edits, we can't firmly link these elements to the synergy's cause.

Our findings also raise important questions regarding the interplay between p53 signaling and P-gp regulation. Previous studies suggest that p53 can transcriptionally repress P-gp expression, while P-gp activity can modulate apoptotic sensitivity. The combined celastrol-5-FU treatment may therefore operate through a feed-forward loop: celastrol upregulates p53 and Bax, suppresses Bcl-2, and reduces P-gp, which in turn increases intracellular 5-FU levels and further drives apoptosis. Elucidating these interactions could provide valuable targets for future drug development. From a clinical perspective, osteosarcoma remains a challenging malignancy, with little improvement in long-term survival over the past three decades. Current regimens rely heavily on multi-agent chemotherapy, yet resistance and dose-related toxicity frequently undermine efficacy. The ability of celastrol to enhance 5-FU cytotoxicity while enabling lower drug concentrations suggests a potential to improve therapeutic outcomes while minimizing systemic side effects. Furthermore, the observed activity in p53-

deficient cells is particularly relevant, as p53 mutations are common in relapsed or metastatic osteosarcoma and are often associated with chemoresistance.

Conclusion

In conclusion, this study demonstrates that celastrol potently synergizes with 5-FU to overcome chemoresistance in human osteosarcoma cells, irrespective of p53 status. Through targeted modulation of p53-dependent and -independent apoptotic pathways—evidenced by upregulated Bax and caspase-9 expression alongside downregulated Bcl-2, and inhibition of P-gp-mediated drug efflux, the combination therapy significantly enhances cytotoxicity, induces robust apoptosis, and reduces effective drug dosages. These mechanisms not only elucidate the basis for improved therapeutic efficacy but also highlight celastrol's potential as a chemosensitizer in osteosarcoma treatment, where multidrug resistance remains a formidable barrier to patient outcomes. While *in vitro* results are promising, further *in vivo* investigations and clinical trials are warranted to validate these findings and facilitate translation into effective, low-toxicity regimens for osteosarcoma management.

Authors' Contribution

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Research Highlights

What is the current knowledge?

- Celastrol induces apoptosis and autophagy via ROS/JNK in osteosarcoma cells.
- P-gp overexpression drives multidrug resistance in osteosarcoma.
- 5-FU is limited by chemoresistance in osteosarcoma treatment.
- p53 status influences chemosensitivity and apoptosis in cancer cells.
- Celastrol inhibits P-gp, enhancing drug retention in resistant cancer cells.

What is new here?

- Celastrol synergizes with 5-FU, reducing IC₅₀ values 3.7- to 11.9-fold in osteosarcoma.
- Combination therapy enhances apoptosis across p53 wild-type, null, and mutant osteosarcoma cells.
- Celastrol downregulates P-gp by 59-72%, boosting 5-FU intracellular accumulation.
- p53-dependent and -independent pathways mediate synergistic apoptosis in osteosarcoma.
- Combination reduces effective drug doses, suggesting lower toxicity potential.

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Competing Interests

The authors have no conflict of interest to disclose.

Data Availability Statement

The data that support the findings of this study are available on request from the corresponding author. The data are not publicly available due to privacy or ethical restrictions.

Ethical Approval

This study protocol was approved by the Tabriz University of Medical Sciences ethics committee, Tabriz, Iran (code: IR.TBZMED.VCR.REC.1403.351).

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