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# SPR signals enhancement by gold nanorods for cell surface marker detection

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#### Abstract

Introduction: The detection of micrometer-sized particles like cells is limited by surface plasmon resonance (SPR) biosensors because of having a depth of evanescent wave <500 nm. In this study, for the first time, we exhibited the use of streptavidin-functionalized gold nanorods (GNRs) as intensification labels for detection of cell surface markers in SPR-based biosensors.

*Methods:* The GNRs (Λ max: 735 nm) were modified with streptavidin using EDC/NHS coupling method and human umbilical vein endothelial cells (HUVECs) were selected as the cell model for detecting VE-cadherin on



cell surface using real-time SPR device in the 785 nm wavelength of the laser source.

**Results:** The investigations revealed that the plasmonic field extension produced from the gold layer and GNRs resulted in multiple enhancement of SPR signals when the wavelength of laser source in SPR instrument was matched with the wavelength of maximum absorbance in GNRs. Moreover, the results showed that the growth of  $\Delta$ RU value in specific and non-specific bindings for various cell number injections were produced with increasing the cell number.

**Conclusion:** The results displayed that cell detection can be performed in real- time form without any need to a time-consuming process used in conventional methods like immunocytochemistry, flow cytometry, and western blotting.

# Introduction

Gold nanomaterials display localized surface plasmon resonances (LSPRs) at visible (400-700 nm) and nearinfrared (700-1000 nm) wavelengths due to having resonant oscillations of surface electrons. Having visible plasmon absorption of gold nanomaterials causes their attractive and suitable applications in enhanced surface plasmon resonance (SPR) biosensors and optical sensing. Pherical gold nanoparticles (GNPs), gold nanorods (GNRs), and gold nanostars are the kinds of gold nanomaterials with the size ranging from 10 to 100 nm. The most important applications of gold nanoparticles are related to cell imaging as contrast agents, ultra-sensitive biosensing, bioassays, and photothermal therapy. Not only the synthesis of GNPs in various shapes, dimensions,

and sizes is possible, but also they have a high surface-to-volume ratio for immobilizing large range of biomolecules like antibodies without changing their activities that lead to being an appropriate option for the development of biosensors based on GNPs for enhanced and sensitive detection. 9-12 The SPR enhancement of metal nanoparticles depends on their forms and dimensions especially in GNPs with different optical properties. For example, the rod and spherical forms of gold nanoparticles have different optical properties and also various signal intensities in enhancing the SPR measurements. 13, 14 Nikoobakht and El-Sayed, for the first time, displayed a method used for synthesizing different aspect ratios (ARs) of GNRs with the maximum SPR absorption between 600 and 1300 nm. 15 One of the latest biological techniques for enhancement



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focused on using high molecular-weight and refractive index samples in sandwich analyses.<sup>16</sup> Nanoparticle tags as secondary proteins and intensifying labels cause the enhancement of sensing performance at the surface of gold bound molecules (e.g. antibody, aptamer, and DNA) during biorecognition events.<sup>17, 18</sup> The coupling between the GNPs and secondary molecules attached with the thin gold surface leads to the amplification of refractive index changes, as well as increasing the shift in the SPR curve.<sup>17</sup> Nanostructures, like gold and magnetic nanoparticles, were used more than other nanoparticles in enhancing SPR responses.<sup>19</sup> Biocompatible gold nanoparticles, as unique probes in bio-systems, have attracted a lot of attention because of having diverse dimensions, forms (spherical, rod, stars and cages), and different optical properties for more than a decade. 20, 21 This signal amplification and SPR detection method integrates the advantages of nanotechnology and biomedical analyses and provides a sensitive tool for sensing various fragments from small molecules like nucleoside, enzyme, hormone, peptide to medium particles like DNA, proteins and bacteria. 22, 23

Gold nanoparticles have not been used for enhancing the SPR-signals-based cell detection up to now. The most usual applications of SPR method was devoted to biomolecular assays like the investigation of kinetic and thermodynamic parameters of antigen-antibody and drug-albumin interactions in clinical studies.24-26 But a very limited number of researches have been allocated to the improvement of biosensors for cell detection by SPR technique.<sup>27-29</sup> Since SPR have the depth of evanescent wave about 300-500 nm, the use of this method is restricted to the studies on micrometer-sized elements, like cells.<sup>30</sup> Hence, intensifying SPR response for sensitive detection in micrometer size particles is essential. Herein, for the first time, a novel and sensitive SPR biosensor was developed based on the response amplification to cell detection. Human umbilical vein endothelial cell (HUVEC) line was selected as a cell model for detecting VE-cadherin on the cell surface. After specific antibody immobilization on the gold sensor surface and capturing the related cells on it, streptavidin-functionalized gold nanorods (GNR- strep) intensified SPR signals by binding to the biotinylated antibody of the cell surface. Furthermore, by an appropriate selection of laser wavelength in SPR device, an effective amplification was provided for the use of GNRs in cell detection in this study.

### Materials and Methods Materials

Chloroauric acid (HAuCl<sub>4</sub>) was purchased from Alfa Aesar (Karlsruhe, Germany; http://www.alfa.com). AgNO<sub>3</sub> was obtained from Merck (Darmstadt, Germany; http:// www.merck-chemicals.com) and used without further purification. Hexadecyl (cetyl) trimethylammonium bromide (CTAB) was from Fluka (Taufkrichen, Germany; http://www.sigmaaldrich.com). Mouse anti-human

VE-cadherin (CD144) (Cat no: MAB938), and Alexa Fluor®488-conjugated mouse anti-human VE-Cadherin (Cat no: 53-1449-41) antibodies were prepared from R & D system. Pure gold chip was obtained from Bionavis Company (Finland). Bovine serum albumin (BSA), streptavidin, 11-mercaptoundecanoic acid (11- MUA), ethanolamine-HCl, sodium hydroxide (NaOH), N-hydroxysuccinimide (NHS), and N-ethyl- N-(3diethylaminopropyl) carbodiimide (EDC) were purchased from Sigma-Aldrich. All other chemicals were obtained from Sigma-Aldrich (Steinheim, Germany), were of analytical-reagent grade, and were applied without any refinement.

### Instrumentation

SPR measurements were done using an SRPNavi 210A device (BioNavis Ltd., Tampere, Finland) that uses the Kretschmann prism configuration having a goniometer with twin flow tubes and cohesive peristaltic pump with 6-sample lines. All tests were completed in angular scan style in order to obtain the SPR angular site variations in a real-time mode. A flow rate of 15 µL/min was used throughout the tests with a device temperature fixed at 35°C. All gold slides were prepared from 240 mm<sup>2</sup> BK7glass with a layer of a 50 nm gold metal and 5 nm Titanium adhesion layer. The cell analysis was done in the fixed angle measurement at 670 nm wavelength at 35°C. Before the SPR tests, the whole flow track was cleaned and filled with definite running buffer in any step. The morphology of the GNRs and Stre-GNRs was measured with a transmission electron microscope (TEM) (LEO 906, Zeiss, German, 100 kv). The zeta potential and particle size analyses were performed using DLS, Nanosize 3500, Malvern, Germany. Uv-vis absorption spectra (Uv-vis) were recorded with Cytation™ 5 system (BioTek). All stability tests were done on freshly dispersed GNR solutions.

## Preparation of GNRs

GNRs were prepared via a seed-mediated growth approach proposed by Nikoobakht and El-Sayed. 15 Briefly, a seed sphere solution was generated by adding 0.60 mL of ice-cold NaBH, (0.038% w/v, 0.01 M) to a solution of 5.0 mL of HAuCl<sub>4</sub> (0.2 % w/v, 0. 5 mM) and 5.0 mL CTAB solution (7.3% w/v, 0.2 M) and stirred vigorously for 2 minutes. This light-brown seed solution was kept at room temperature before any further use. For the growth stage, 5 mL of 1 mM (0.4% w/v) HAuCl<sub>4</sub> and 5 mL of 0.2 M (7.3% w/v) CTAB were mixed followed by the addition of 150 μL of 4 mM (0.068% w/v) AgNO<sub>3</sub> solution and mixed very gently. Then, to this solution, 70 µL of 78.8 mM (1.4% w/v) ascorbic acid was added, which changed the growth solution from dark yellow to colorless. Finally, 12  $\mu L$  of seed solution was added to the growth solution. The reaction mixture was shaken gently and kept undisturbed for 2 hours at 27-30°C. The color of the solution gradually changed to intense purple-brown within 10-20 minutes.

In order to eliminate additional CTAB and uncreated gold ions, samples were cleaned with two rounds of centrifugation (15 000 rpm, 6 minutes).

### Preparation of streptavidin-conjugated GNR

Streptavidin conjugation to GNRs was carried out as reported by Yu & Irudayaraj and Politi et al.31,32 In brief, 100 µL of 20 mM MUA solution was dissolved in ethanol and added to 2 mL of 1 nM GNR solution and kept under sonication for 24 hours at room temperature. Then the GNR was collected by centrifugation at 20°C at 1200 rpm for 20 minutes and the rod pellet resuspended in 1 mL of Millipore water. To immobilize the streptavidin on the GNR, MUA-GNR was immersed in a mixture of 0.4 M EDC and 0.1 M of NHS for 50 minutes to form an aminereactive NHSS ester terminated rod surface. Then, 100 μL of 1 mg/mL streptavidin in PBS solution was dripped to GNR solution and mildly shaken for 60 minutes and kept for 20 hours at 4°C to allow covalent immobilization of streptavidin on activated GNR surface. Finally, the unbound proteins were removed by centrifugation at 10000 rpm at 20°C.

# Modification of gold sensor surface with VE-cadherin antibody

First, the bare gold chips were immersed in the 50 mL hot solution of 30% ammonia (NH4OH), 30% hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>), and purified water at the ratio of 1.5:1.5:5 for 10 minutes at 100°C. After washing with distilled water and pure ethanol for 3 times and drying under a stream of N2 gas, the sensors were inundated in the mixture of 2 mM MUA in ethanol solution and distilled water at the ratio of 7:3 at 25°C for 24 hours for formation of the selfassembled monolayer (SAM). Lastly, the covalent bonding formation of specific antibody on the MUA surface was completed by amine coupling technique. To reach this objective, the modified MUA-Au slides were submerged in 0.05 M NHS +0.2 M EDC for 1 hour. Then, they were cleaned 3 times with PBS and covered with 25  $\mu g/mL$  VEcadherin antibody in acetate buffer (pH=5) for 1 hour again. After washing with PBS, the deactivation was done using 1.0 M ethanolamine-HCl pH 7.5 for 15 minutes. Finally, 0.5% BSA was used for 30 minutes to block free sites on the gold surface.

### Cell culture

HUVECs (NCBI code: C554) were used as cell samples from the National Cell Bank of Iran. The cell medium, high glucose-Dulbecco's modified Eagle's (DMEM/HG, Gibco), was applied for culturing the HUVECs. All media were enriched with 10% fetal bovine serum (FBS, Gibco) and 1% penicillin-streptomycin (Biosera). The cells were incubated at 37°C in the humidified atmosphere with 5% CO2. Cells were separated by 0.25% Trypsin-EDTA (Gibco) solution when they reached 75%–80% confluency.

## Cytotoxicity assay of GNRs

Cytotoxicity of **GNRs** investigated was HUVEC cell line by 3-4, 5-dimethylthiazol-2-yl -2, 5-diphenyltetrazolium bromide (MTT) assay. HUVECs were seeded in a 96-well cell culture plate and cell amount was set to  $1 \times 10^4$  cells/mL. After incubation for 24 hours, the 85% confluent cells were added with different amounts (1, 2, 4, 8, 10 µL) to 1 nM GNR solution with DMEM/HG. Cells with GNRs were further incubated for 2 and 24 hours in a CO2 incubator. After incubation, the culture medium with GNRs was replaced with serum-free medium containing 1 mg/mL MTT and incubated for 4 hours. After adding DMSO on the cell surface in a well plate, its absorbance was observed at 630 nm by the ELISA microplate reader. The untreated HUVECs were applied as positive control (i.e., 100% viable).

# Results and Discussion Characterization of GNRs and modification

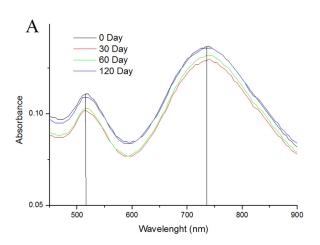
The detection of micrometer-sized particles was incomplete due to having the depth of evanescent wave <500 nm in SPR analyses.<sup>33, 34</sup> So, we tried to develop a way for intensification of SPR signals in these cases. In the present work, antibody modified sensing film, along with capturing related specific cells and binding GNRs-strep on gold sensor surface, was functioned as a plasmonic coupling partner by integrating both the nanomaterial and immunoassay sensing technologies.

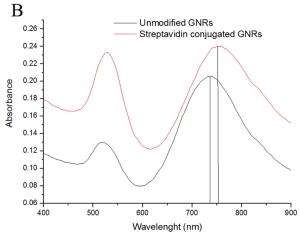
The GNRs for this study were synthesized by seed mediation, and their stability assessment was investigated through UV-VIS, zeta-potential, TEM and dynamic light scattering (DLS) analyses. In the well-known spectrum of the GNRs, they exhibited 2 separate SPR peaks. The first was related to transversal style in visible region, and the second one was the longitudinal peak in the nearinfrared part of the spectrum. These resonance peaks related to the transversal and longitudinal peaks of plasmonic excitations that correlated to electron motion perpendicular and electron oscillations, respectively. With increasing the AR of GNRs, the wavelength of longitudinal plasmon absorbance enlarged compared to the transverse plasmon peak.35 GNPs, compared with GNRs, display an absorption peak only in the visible region between 510 and 590 nm with relation to the dimension of particles. Fig. 1A displays the UV absorption spectra of the GNRs produced by the seed-mediated way. UV-Vis absorption spectra of GNRs have one transversal plasmon resonance peak at ~515 nm and a longitudinal resonance peak at 735 nm. In addition, the dimensions of GNRs can be reformed by affecting the seed concentration via changing the seedmediated growth technique defined by Babak Nikoobakht and El-Sayed.15

Fig. 1B shows the absorption spectrum of GNRs after modification with streptavidin. In modification steps after immobilizing thiolated molecules (MUA) at the surface of the GNRs, biomolecules like streptavidin or antibodies

can be covalently immobilized via the NH2 bond of the proteins to the COOH groups of the MUA layer. Further shifting of the absorbing wavelength introduces a redshift (a change in absorbance to a longer wavelength) due to change in dielectric properties and immobilizing protein molecules at the surface of the GNRs. Therefore, we could confirm that modification was certainly immobilized on GNRs. Fig. 1B shows a significant shift (up to 22 nm) compared to the bare rods after the streptavidin attachment. Not only streptavidin can form covalent bonding on COOH activated group, but also it is able to attach to the CTAB coated side sites by electrostatic interaction. They will attach to the CTAB cap with a positive charge via physical adsorption due to the negative charge of streptavidin under the physiological pH during the modification reaction. However, these absorptions are not forceful, like covalently bound ones on GNRs surfaces.

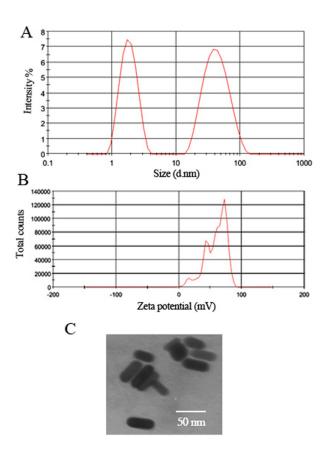
Moreover, the structural and morphological properties of the separated GNRs were characterized by TEM images and DLS analyses. DLS determines the agglomerate size and the particle size distribution using a light beam like a laser in a solution and shifts the wavelength of the





**Fig. 1.** Characterization of GNRs. (A) Absorption spectra of gold nanorods with aspect ratios of 3.7 within 4 months (B) Absorption spectra of GNRs (black curve) and streptavidin conjugated GNRs (red curve).

arriving light which it is related to the particle size.36 DLS data (Fig. 2A) of GNRs showed a major particle size distribution peak as a hydrodynamic diameter at 45.31 nm  $\pm$  2.3 and a minor particle size peak around 2 nm  $\pm$ 1.2. The obtained data confirmed the work of Liu et al. for DLS studies of GNRs where they proved that in more AR, the small size peak increases. Moreover, the successful conjugation of GNR to streptavidin was confirmed by DLS measurement (Fig. S1). After conjugation with streptavidin, the hydrodynamic dimension of GNR increased from 45.31 to 50 nm. Zeta potential results determined that all the particles of CTAB-coated GNRs were a positive surface charge with a magnitude near to 58.9 mV  $\pm$  1.5 which indicates the excellent stability of colloidal GNRs dispersion (Fig. 2B). The amount of the zeta potential shows the electrostatic repulsion among charged atoms in a dispersion. For particles and elements that are minor enough, a high zeta potential will describe stability, it means, the solution or dispersion will diminish aggregation. Furthermore, TEM studies defined the primary size and confirmed the rod morphology of the GNRs. The width for the GNRs was around 12 nm, with a length of 45 for AR 3.7. Moreover, TEM images of GNRs and their pale pink suspension indicated that GNRs were present as well (Fig. 2C).



**Fig. 2**. (A) Hydrodynamic diameter distribution plots as determined by DLS measurements (B) Zeta potential distribution of GNRs, and (C) TEM image of the CTAB-coated GNRs.

# Selection of best laser wavelength in SPR instrument for enhancement

After GNRs preparation, to select the best laser wavelength in SPR instrument, the enhancement of GNPs and GNRs was examined at two different wavelengths (670 and 785 nm). As shown in Fig. 3A, we hypothesized that the maximum enhancement effect is obtained when the  $\lambda$  max of gold nanoparticles are matched or near the wavelength of excitation laser source in SPR instrument. For example, in Fig. 3B GNP with A max 530 nm had a more intensifying effect in laser wavelength 670 nm compared with 785 nm. Moreover, when GNRs with A max 735 nm was used, the intensification labels displayed a more intensifying effect in laser wavelength of 785 nm compared with 670 nm (Fig. 3C). Based on these facts, in this study, we used a laser operating at 785 nm as the excitation laser source in SPR device due to more amplification effect by plasmonic coupling between the GNRs and the gold sensing film.

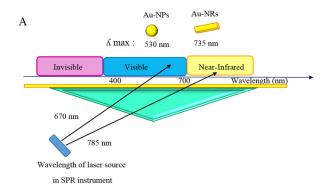
# Preparation of VE-cadherin chip and HUVEC cell injection to it

In addition, for detection of the cell surface marker on HUVEC cells, immobilization of VE-cadherin antibody on the gold chip was performed according to our previous study (Fig. S2A).<sup>25</sup>

As shown in Fig. S2D, the comparison between SPR curve in bare gold surface and antibody modified surface showed an increasing in angle shift (near 450 millidegree) which confirm the successful immobilization step. After immobilization of VE-cadherin antibody on the chip, for showing the selectivity of this chip, HUVEC cells were injected on three different surfaces. As shown in supporting material (Fig. S2B), cell injection on the bare gold surface has a more response unit (RU) compared with antibody and BSA coated chip. In addition, flow cytometry is able to define a small number of desired fluorescent cell populations against a high background of non-fluorescent cells. To confirm the sensitivity of SPR method in detecting HUVEC cells, we also used a fluorescent labeled antibody against VE-cadherin. The existing of VE-cadherin near 91 ± 7.09% of HUVEC cells was also proven by flow cytometry analyses (Fig. S2C).

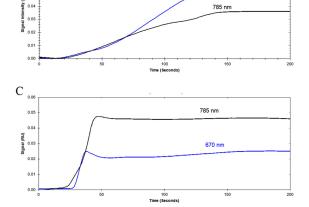
# Enchantment of SPR signals by GNRs

To study the application of GNRs in the enchantment of SPR signals, we injected HUVEC cells on VE-cadherin antibody coated chip. In Fig. 4A, the baseline was firstly set by running buffer PBS on the VE-cadherin (Ab)-functionalized sensing film for a few minutes. Then, HUVEC cells (diluted in running buffer) were injected to the sensor surface in one channel (blue curve) and the other channel was given up with no cell injection (red curve). Then biotynilated VE-cadherin antibody was introduced to the cell surface and the other channel was left with no injection. Subsequently, two channels were exposed to the GNRs-Strep solution for investigating



670 nm

В



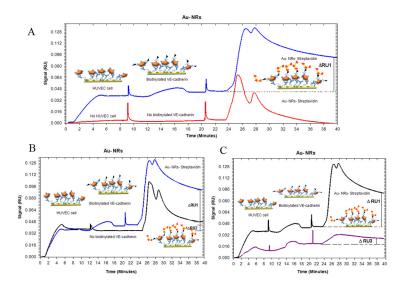
**Fig. 3.** (A) Schematic image of laser wavelength in the SPR instrument. (B) Effect of LSPR of GNPs on the enhancement factor using laser source operating at (a) 670 nm and (b) 785 nm. (C) Effect of LSPR of GNRs on the enhancement factor using laser source operating at (a) 670 nm and (b) 785 nm (GNRs and GNPs injection on bare gold surface, flow rate: 30  $\mu$ L/min, Injection time: 2 min).

specific and non-specific binding on the sensor surface. As seen in Fig. 4A (blue curve), in the channel with the HUVEC cell, the biotynilated VE-cadherin antibody was absorbed on the cell surface which led to the significant change of the SPR response after GNRs-strep solution injection ( $\Delta$ RU1). The method for calculation of RU values like  $\Delta$ RU1 is the subtraction of RU value in time of 40 minutes of sensogram (Fig. 4A) after GNRs-strep injection from RU value before GNRs-Strep injection in time of 24 minutes (Eq. 1).

$$\Delta RU1 = RU_{\text{in }40 \text{ min}} - RU_{\text{in }24 \text{ min}} = 0.096 - 0.048 = 0.048 (1)$$

But as given in Fig. 4A (red curve), there is no change in the SPR signal when GNRs-strep reacts with the antibody surface in the other channel.

In addition, a control experiment for the detection of non-specific binding between cell and GNRs was conducted under the same conditions but without exposure to biotynilated VE-cadherin antibody. For investigation of non-specific absorption, after defined



**Fig. 4.** Real-time SPR curves for GNRs enhancement corresponds to the (A) cell and no cell detection (B) nonspecific binding between cell and GNR (C) two cell number detection (experiment conditions: injection duration for cells:5 min, biotinylated antibody: 7 min and GNRs-strep :3 min, flow rate: 10- 30 μL/min).

cell attaching on the sensor surface, GNRs-strep solution within 3 minutes was injected on two surfaces, with and without biotynilated VE-cadherin antibody surfaces. Any response unit for attaching GNRs- strep to cell surface without biotynilated antibody is related to non-specific absorption.

The data shows less response unit (Eq. 2) between the cell and GNRs (see Fig. 4B), suggesting that the sensed signal was obtained from a very specific assay rather than a non-specific binding response ( $\Delta RU2 << \Delta RU1$ ).

$$\Delta RU2 = RU_{\text{in 40 min}} - RU_{\text{in 24 min}} = 0.048 - 0.032 = 0.016 (2)$$

It is worth to mention that this dramatic shift in RU is related to the binding reaction between the biotinylated antibodies on attached HUVEC cells and GNRs- strep on the sensor surface. The signals had not backshift after washing the chip surface with running buffer, which emphasizes that the binding step has been successful. To completely determine the potential of this sensitive detection, this experiment was carried out with less cell count under the same conditions by exposing the modified chip to different concentrations of cells. As shown in Fig. 4C, the enhancement of GNRs reduced by decreasing the number of cells ( $\Delta RU3$ ). The growth of  $\Delta RU$  value in specific and non-specific bindings for various cell number injections was produced with increasing the cell number (Fig. 5A). Moreover, because of exposing the cells to GNRs solution less than half an hour during the SPR test, the cell viability was assessed for 2 and 24 hours by MTT assay. As seen in Fig. 5B, even after 2 hours, cell viability did not change dramatically. Cell viability was assessed as a percentage compared to untreated control cells.

### Conclusion

In this study, rapid and sensitive SPR biosensor using GNRs based on signal intensification method was

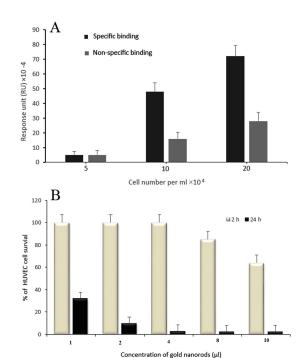


Fig. 5. (A) RU value of specific and non-specific bindings for various cell number injections. (B) Cell viability investigation incubated with GNRs for 2 and 24 hours. All values are expressed as mean  $\pm$  SD (n=3).

presented for detection of a cell surface marker. We confirmed a simple sandwich assay using streptavidin-functionalized GNRs in combination with SPR to detect VE-cadherin on the HUVECs as the cell model. Our investigation revealed that the plasmonic field extension produced from the gold layer on the sensor surface and GNRs resulted in the multiple enhancement of SPR signals when the wavelength of the laser source in SPR instrument is matched with the wavelength of maximum absorbance

# **Research Highlights**

### What is current knowledge?

 $\sqrt{\text{Cell}}$  surface markers like VE-cadherin can be detected by GNRs using SPR signal enhancement.

### What is new here?

 $\sqrt{}$  For the first time, GNRs were used for the intesification of SPR signals in cellular studies.

in GNRs. The results showed that cell detection can be performed in a real- time form without any need to labeling process used in the conventional methods like immunocytochemistry, flow cytometry, and western blotting. Hence, this interdisciplinary field could be more extended to the tests of other targets and may contribute to the improvement of diagnosis and therapy of diseases. Further future studies may show the tasks associated with the integration of plasmonic and metal nanoparticles with real-life clinical applications.

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### **Ethical statement**

This study was approved by the Research Ethics Committee at Tabriz University of Medical Science (Code of Ethics: IR.TBZMED. REC.1396.1307).

### Competing interests

The authors declare that they have no conflict of interests.

### **Authors contribution**

FF and MR-R conceived and planned the work, the main theoretical ideas and design of the research and experiments. FF and RJ implemented the experiments. FF contributed to writing and reviewing of the manuscript. MA and all other authors contributed to data analysis and interpretation of the results. MR-R was the supervisor of this work.

### **Supplementary Materials**

Supplementary file 1 contains Figs. S1-S2.

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